





Your Feed



Snapshots



Achievements



Education



Profile



About & Settings



TODAY

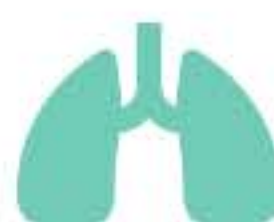


Have a great day!

Check-Ins



Don't forget to come back later today to complete your Check-Ins.



TODAY



Have a great day!

Check-Ins



Don't forget to come back later today to complete your Check-Ins.





MENU

Your Feed

TODAY



Have a great day!

Weather



Volari COPD is unable to connect to weather services. Please check your Internet settings and try again.





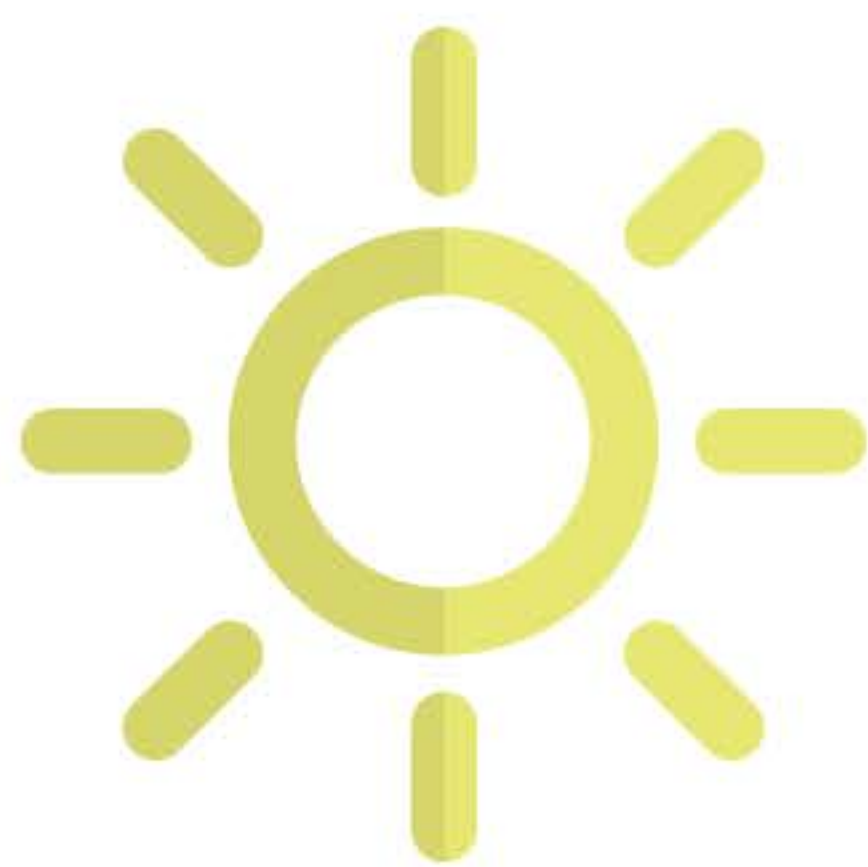
Your Feed

TODAY



Have a great day!

Weather



32°
c

Sunny

Humidity 68%

TODAY



Have a great day!

Unlocked Achievements



Well Done!



Switched On



Identified



MENU

Your Feed

TODAY



Have a great day!

CCQ Reminder



It's time to complete the **CCQ**. Tap to access the questionnaire.

**ACCESS THE
QUESTIONNAIRE**





Your Feed

TODAY



Have a great day!

New Daily Challenge



Healthy Eating Challenge

If you get hungry between meals, grab a healthy snack. Fresh fruit, a handful of nuts, or yogurt are great options.



I JUST DID THIS





MENU

Your Feed

TODAY



Have a great day!

Daily Quote



“It doesn't matter how slowly you go, as long as you don't stop.”

- Confucius



MENU

Your Feed

TODAY



Have a great day!

Breakfast Tip



Don't forget breakfast when you're in a hurry. Try getting up 10 minutes earlier to allow enough time for a healthy breakfast.

TODAY



YESTERDAY



Check-Ins



Ready to start? Tap on a Check-In to get started.

*Tap to check in
for previous day*



TODAY ▼

YESTERDAY ▲

Check-Ins



These are your Check-Ins from yesterday.
Tap on a tile to add or change your
Check-In information.





Your Feed

TODAY



YESTERDAY



THIS WEEK



How did you feel this week?



You felt *pretty good* 3 times this week.



Unlocked Achievements



You earned 4 achievements this week
Well Done!



Your latest unlock:

Identified



MENU

Your Feed

TODAY



YESTERDAY



THIS WEEK



THIS MONTH



Monthly Tip



Happy New Year! This is a great chance to make a health resolution.



Yesterday

Today >>

CREATE SNAPSHOTS REPORT



Snapshots from yesterday: Aug 1, 2014

Check-Ins



You've completed all of your Check-Ins!



Tap on a tile to learn more or make changes.

Rescue Medication



Water Intake





Today

« Yesterday

This Week »

CREATE SNAPSHOTS REPORT



Snapshots from today: Aug 2, 2014

Check-Ins



Don't forget to come back later today to complete your Check-Ins.



Tap on a tile to learn more or make changes.

Rescue Medication



Water Intake





Today

« Yesterday

This Week »

Rescue Medication



Used 2 times

Water Intake



7 glasses — great job!

Physical Activity



Moderate Intensity

45 min — great job!

Symptom Severity



Moderate symptoms



Today

« Yesterday

This Week »

Medication



Taken

Smoking



Smoke-free today!

Sleep Quality



Feeling Refreshed!



Today

« Yesterday

This Week »

Achievement



Switched On

Launched Volari for
the first time

Achievement



Back-to-Back
Champ

Checked in for two
days running



This Week

« Today

This Month »

CREATE SNAPSHOTS REPORT



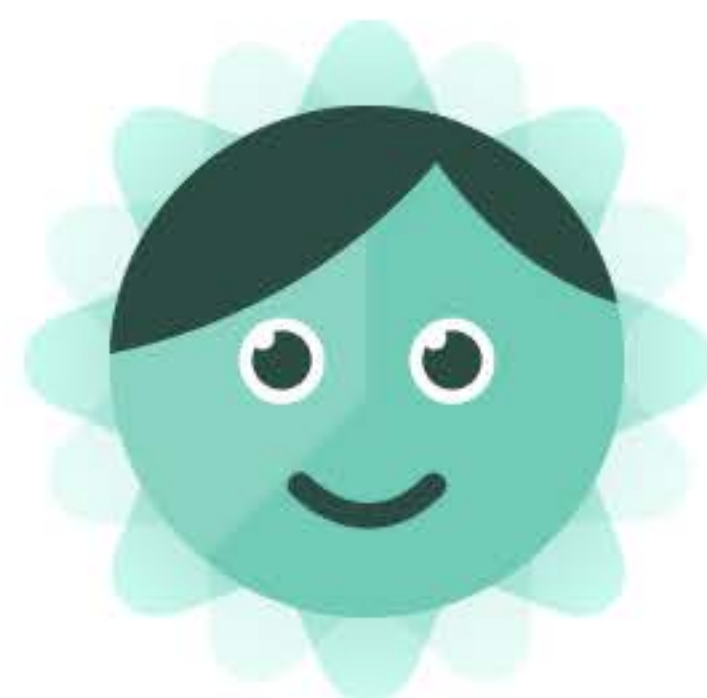
Snapshots for this week: Aug 3 - 9, 2014

Tap on a tile for more details

How did you feel this week?



You felt *pretty good 3 times* this week.



Rescue Medication



This week, you used rescue medication *22 times*.





This Week

« Today

This Month »

Water Intake



This week, you drank *over 32 glasses* of water.

32

Physical Activity



You were physically active more than *30 minutes* per day this week.

30

Symptoms



You had *mild symptoms* *2 days* this week.





This Week

« Today

This Month »

Smoking



This week, you smoked
27 cigarettes.

27

Medication



This week, you said you
took your medication as
prescribed **5 out of 7 days.**

5

Sleep Quality



Most of the time, your
sleep quality was **good**
this week.





This Week

« Today

This Month »

Unlocked Achievements



You earned 4
achievements this week
Well Done!



Your latest unlock:

Identified

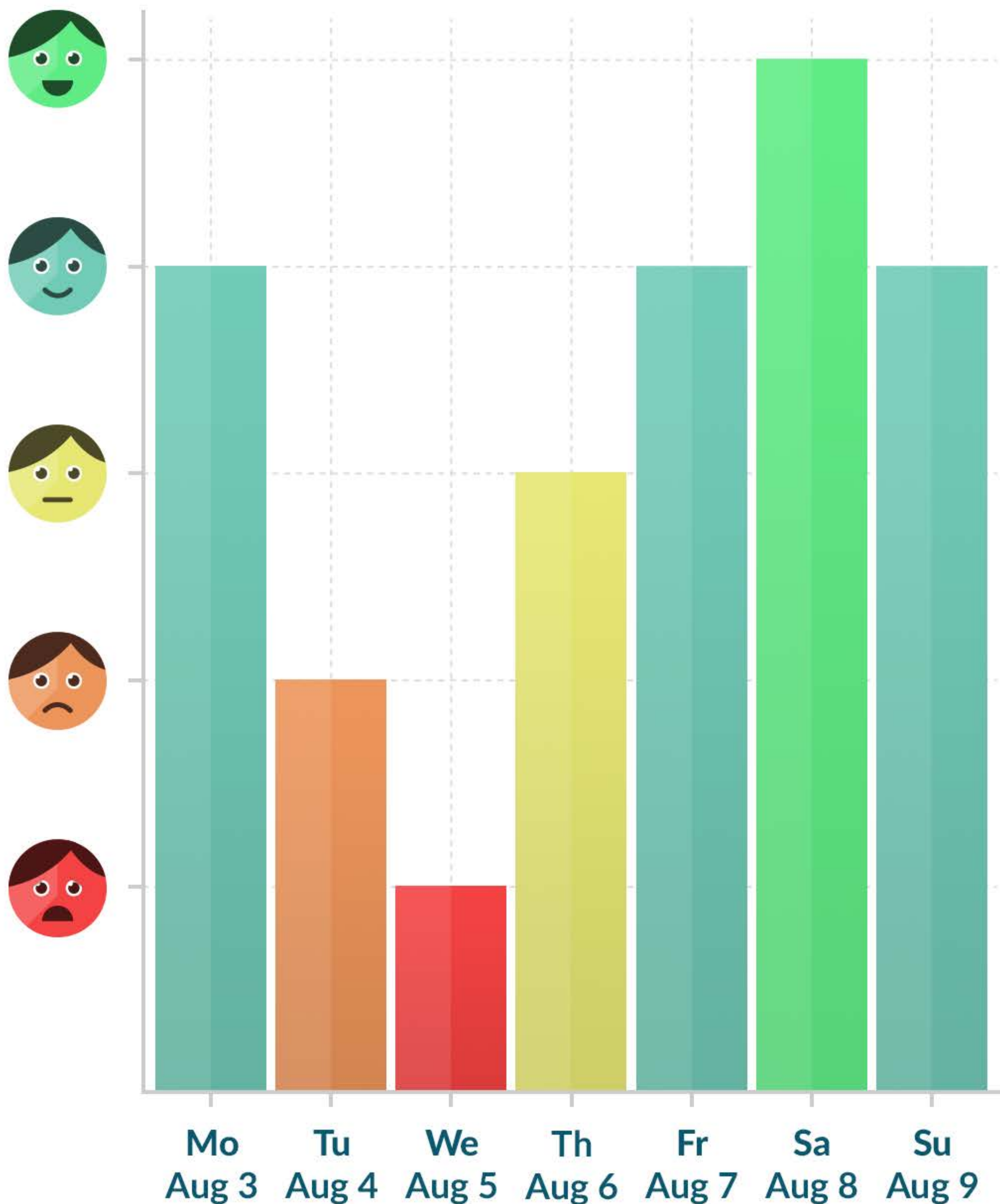


This Week

How did you feel this week?



Data for Aug 3 - 9, 2014



You felt *good 3 times* this week.

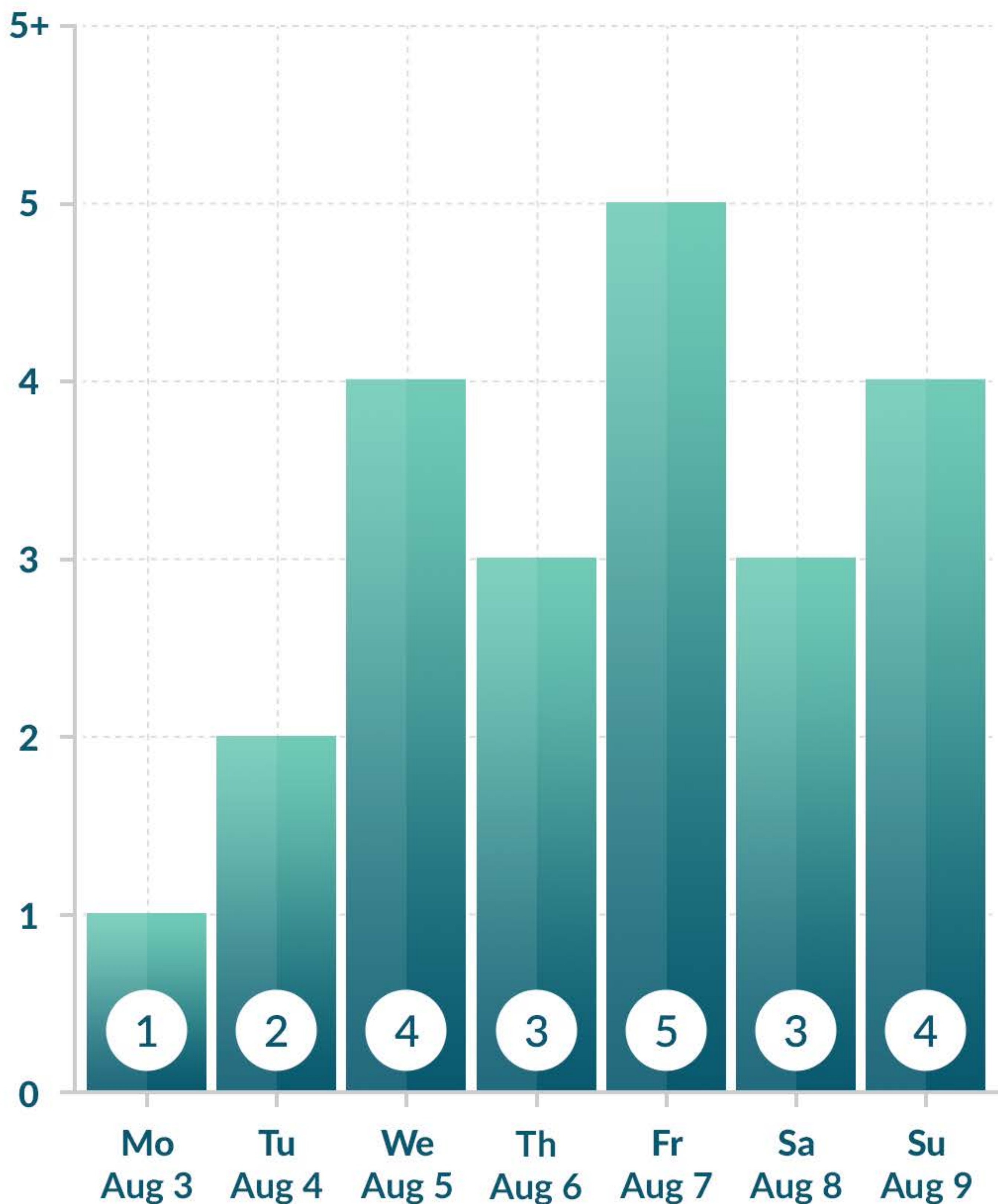


This Week

How many times did you use rescue medication this week?



Data for Aug 3 - 9, 2014



This week, you used rescue medication **22 times**.

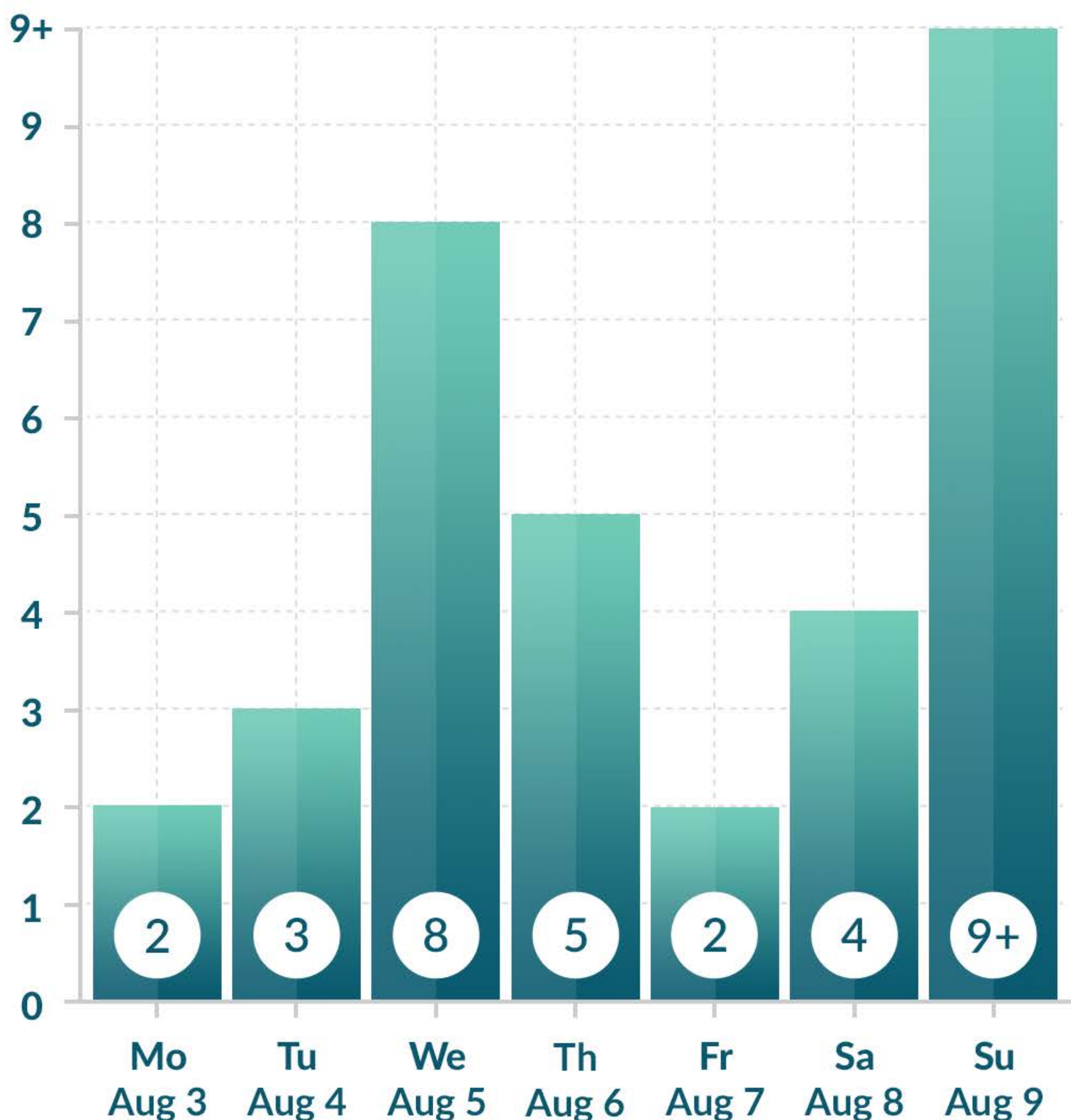


This Week

How many glasses of water did you drink this week?



Data for Aug 3 - 9, 2014



This week, you drank *over 32 glasses* of water.



On average, this week you drank *over 4.5 glasses* of water per day.

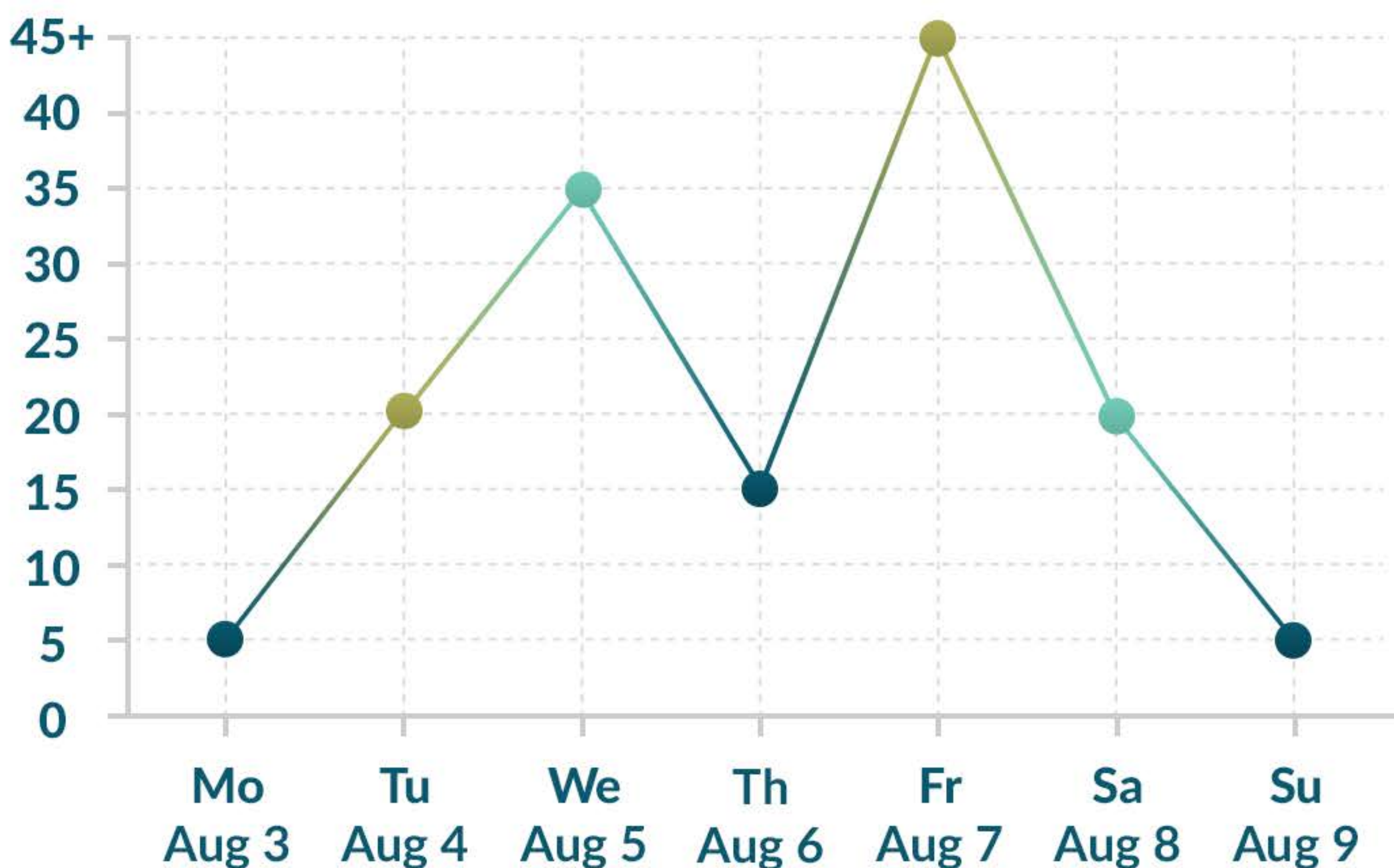


This Week

How many minutes of physical activity did you do this week?



Data for Aug 3 - 9, 2014



Activity Levels

Low	40 minutes
Intermediate	65 minutes
High	35 minutes



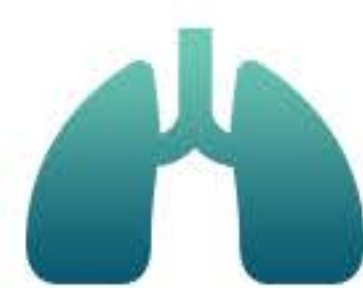
You were physically active more than **180 minutes** this week.

You were physically active more than **24 minutes** per day this week.



This Week

How were your symptoms this week?



Data for Aug 3 - 9, 2014



Overall, your symptoms were *light* this week.

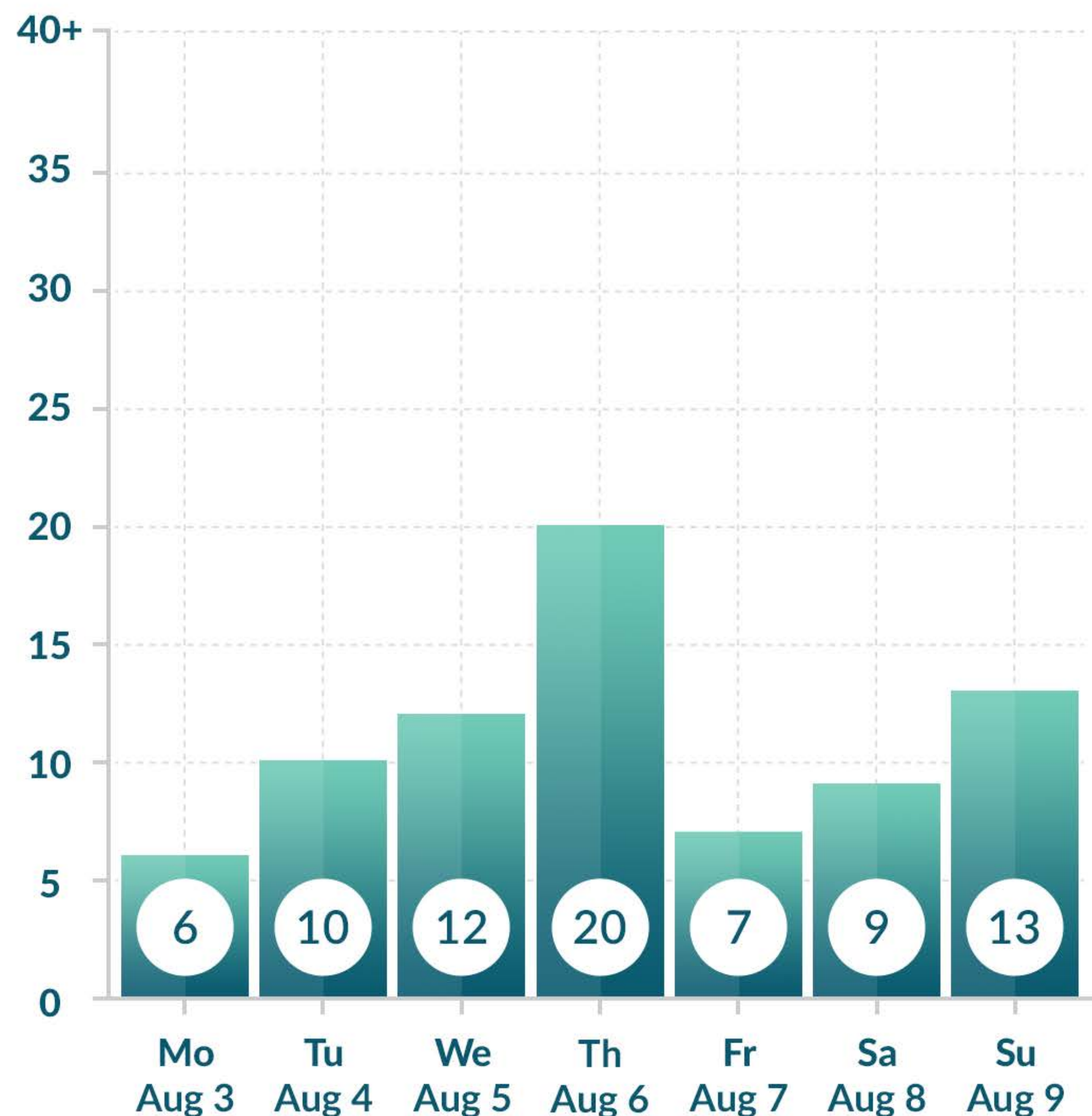


This Week

How much did you smoke
this week?



Data for Aug 3 - 9, 2014



► This week, you smoked **63 cigarettes**.

► On average, this week you smoked **9 cigarettes** per day.



This Week

How often did you take your medication this week?



Data for Aug 3 - 9, 2014



This week, you said you took your medication as prescribed *5 out of 7 days*.

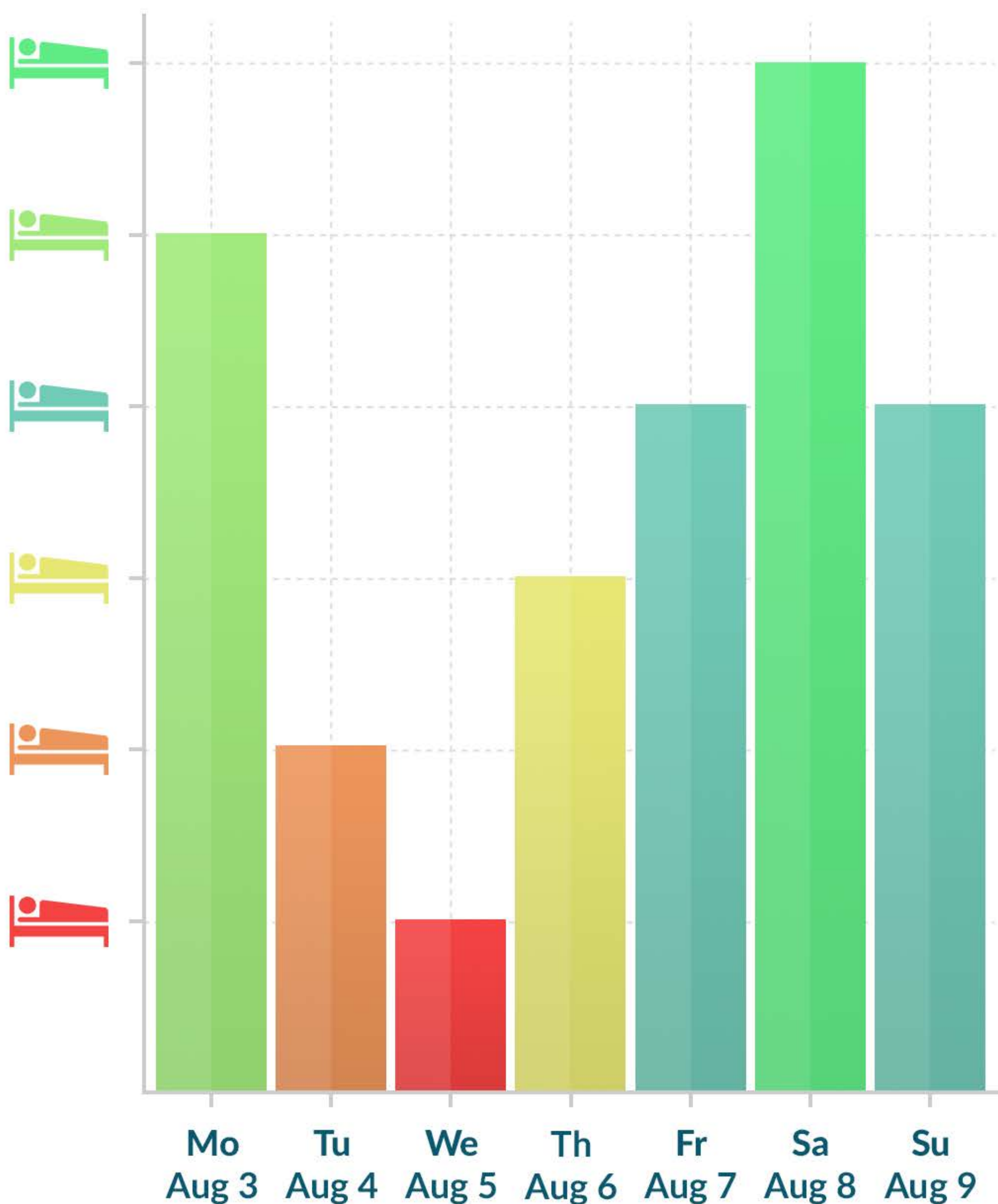


This Week

How was your sleep quality this week?



Data for Aug 3 - 9, 2014



Overall, your sleep quality was *good* during the past week.



MENU

This Month

« This Week

All-time »

CREATE SNAPSHOTS REPORT



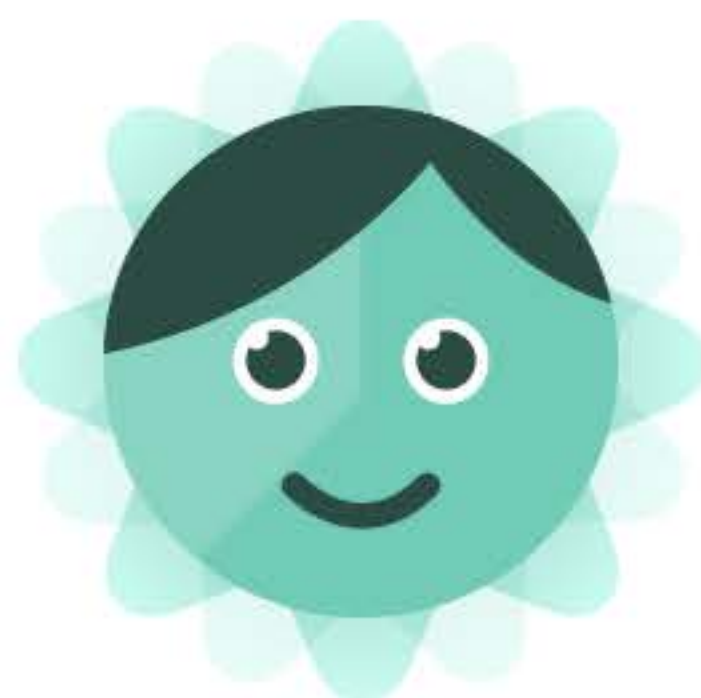
Snapshots for the past month: **August 2014**

Tap on a tile for more details

How did you feel this month?



You felt *pretty good 6 times* this month.



Rescue Medication



This month, you used rescue medication *63 times*.

63



This Month

« This Week

All-time »

Water Intake



This month, you drank **over 111 glasses** of water.

111

Physical Activity



You were physically active more than **30 minutes** per day this month.

30

Symptoms



You had **mild symptoms 12 days** this month.





This Month

« This Week

All-time »

Smoking



This month, you smoked
97 cigarettes.

97

Medication



This month, you said you
took your medication as
prescribed **27 out of 31 days.**

5

Sleep Quality



Most of the time, your
sleep quality was **good**
this month.





This Month

« This Week

All-time »

Check-In Frequency



This month, you completed your check-ins *27 out of 31 days.*



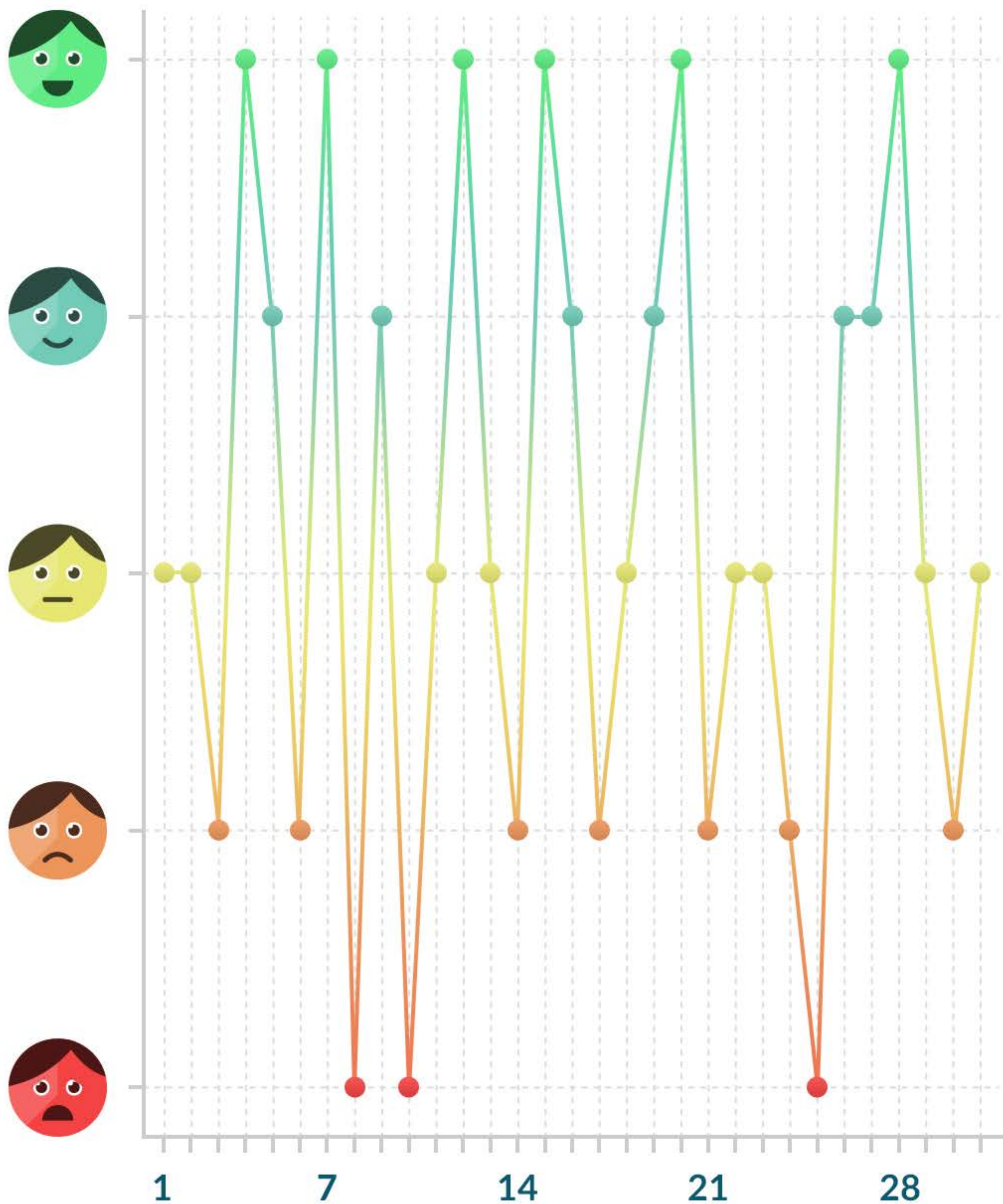


This Month

How did you feel this month?



August 2014



You felt *good 6 times* this month.

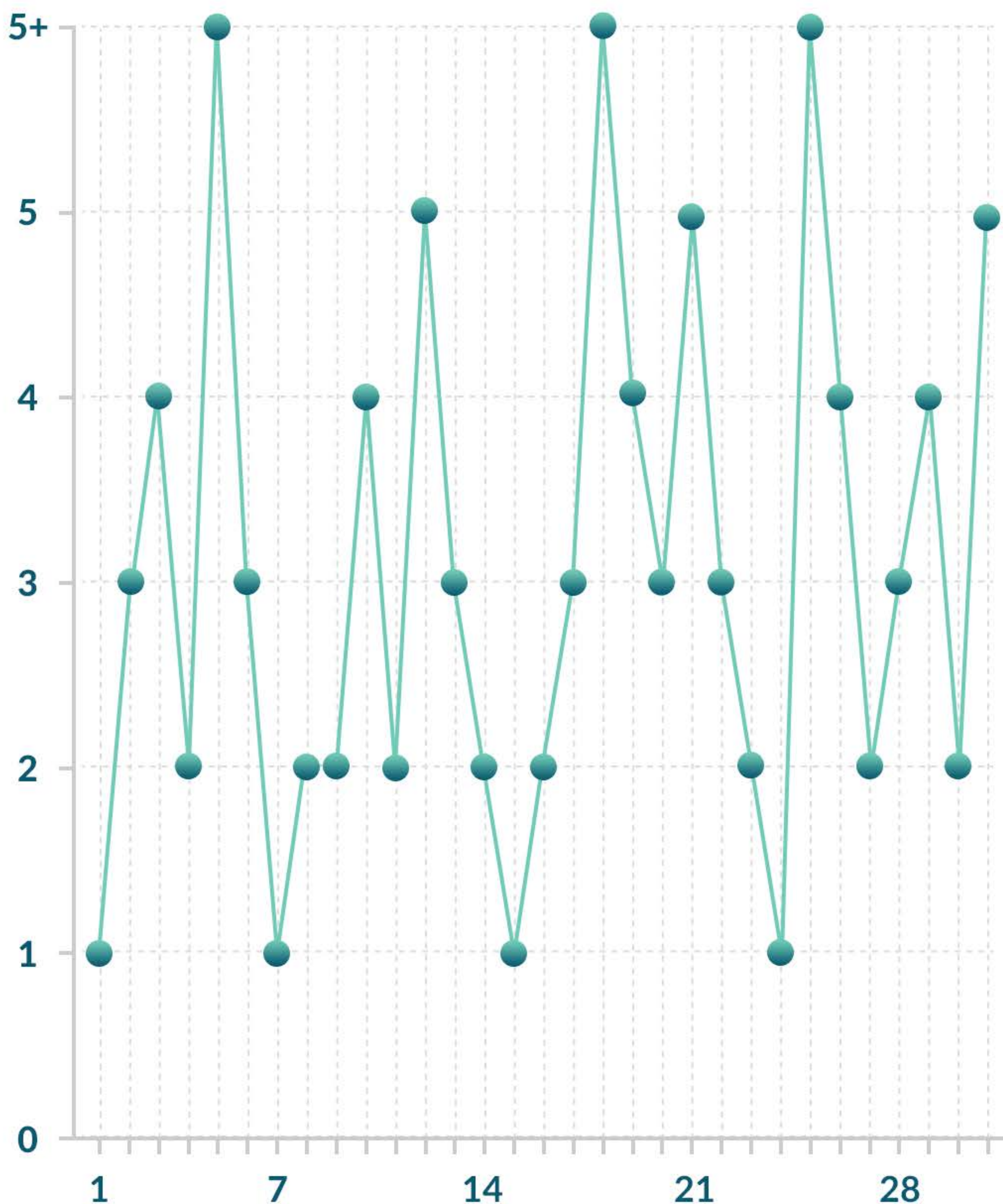


This Month

How many times did you use rescue medication this month?



August 2014



This month, you used rescue medication **63 times**.

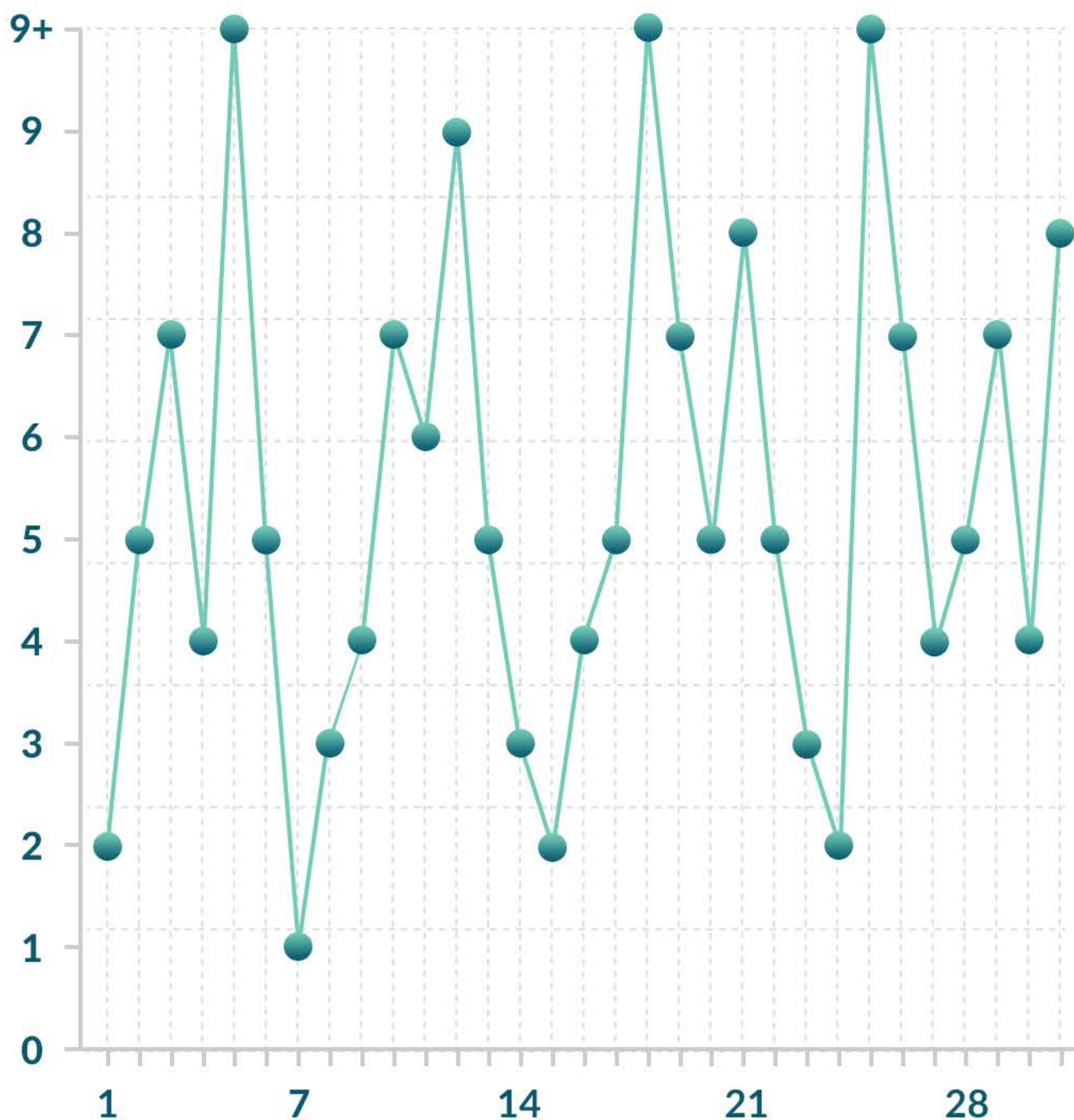


This Month

How many glasses of water did you drink this month?



August 2014



This month, you drank **over 111 glasses** of water.



On average, this month you drank **over 4.5 glasses** of water per day.

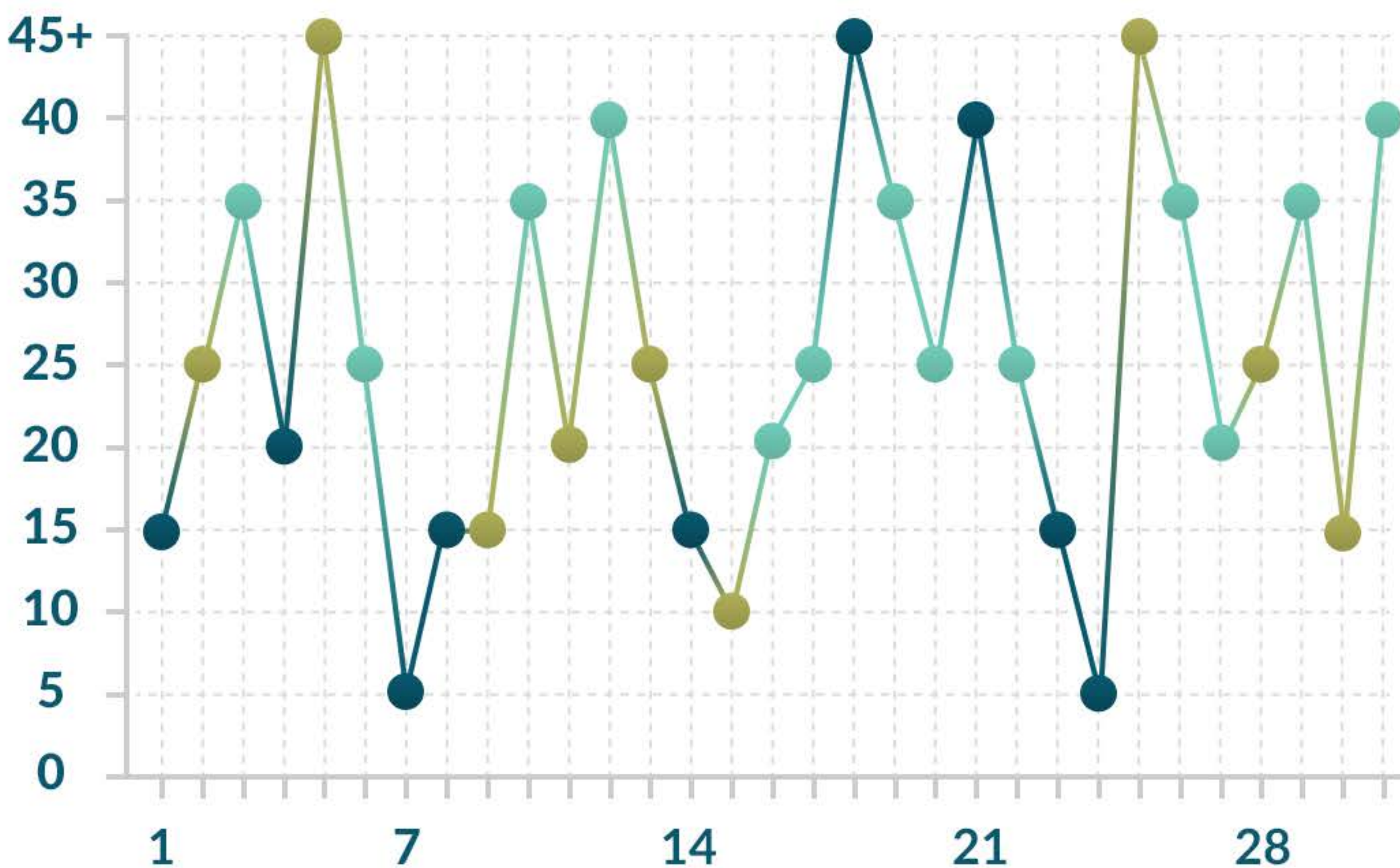


This Month

How many minutes of physical activity did you do this month?



August 2014



Activity Levels

Low	40 minutes
Intermediate	65 minutes
High	35 minutes



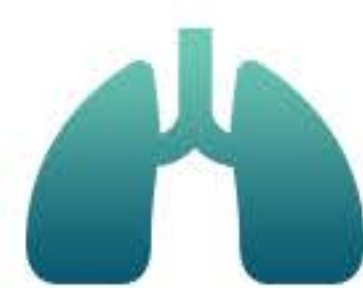
You were physically active more than **350 minutes** this month.

You were physically active more than **24 minutes** per day this month.

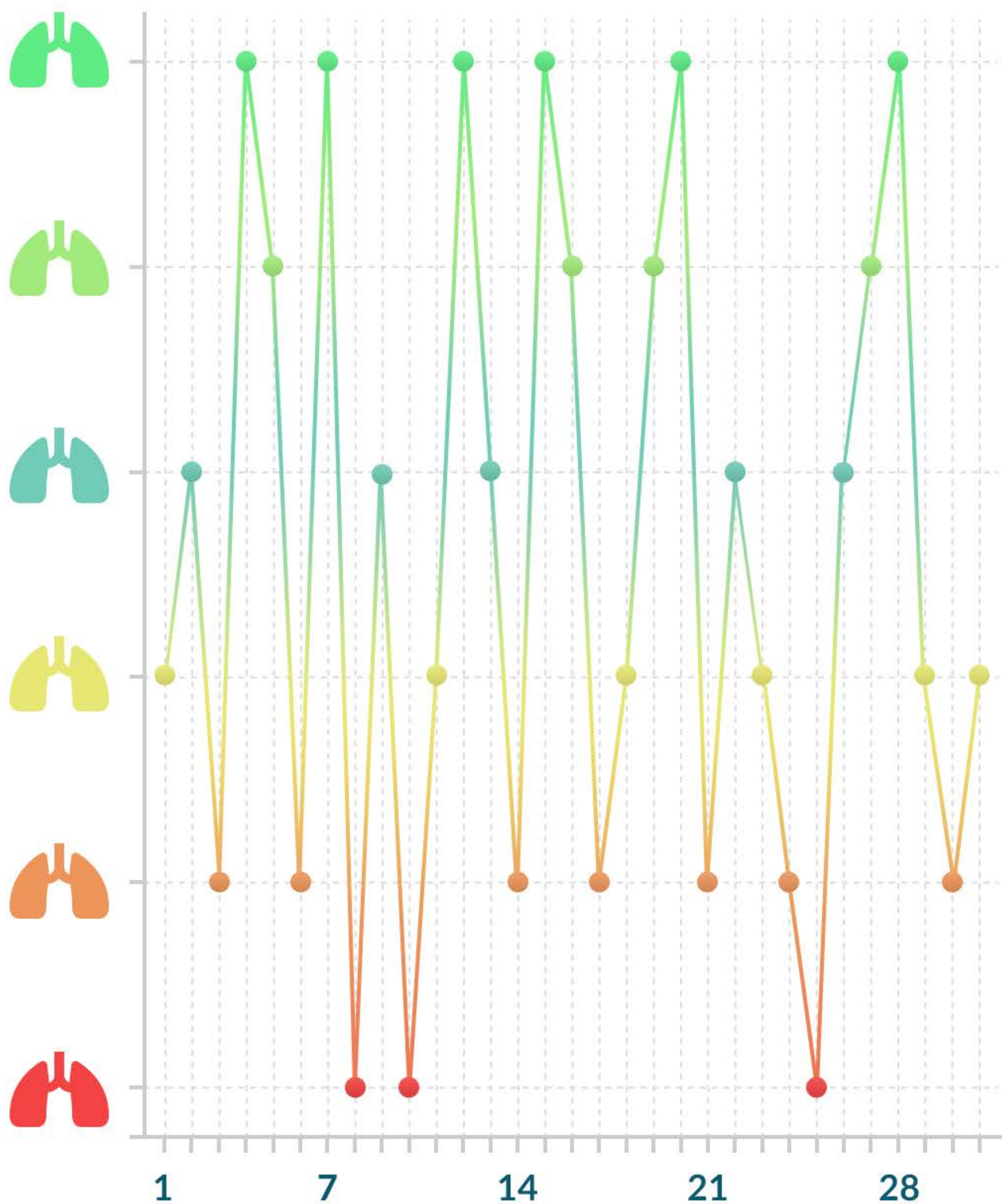


This Month

How were your symptoms this month?



August 2014



Overall, your symptoms were *light* this month.

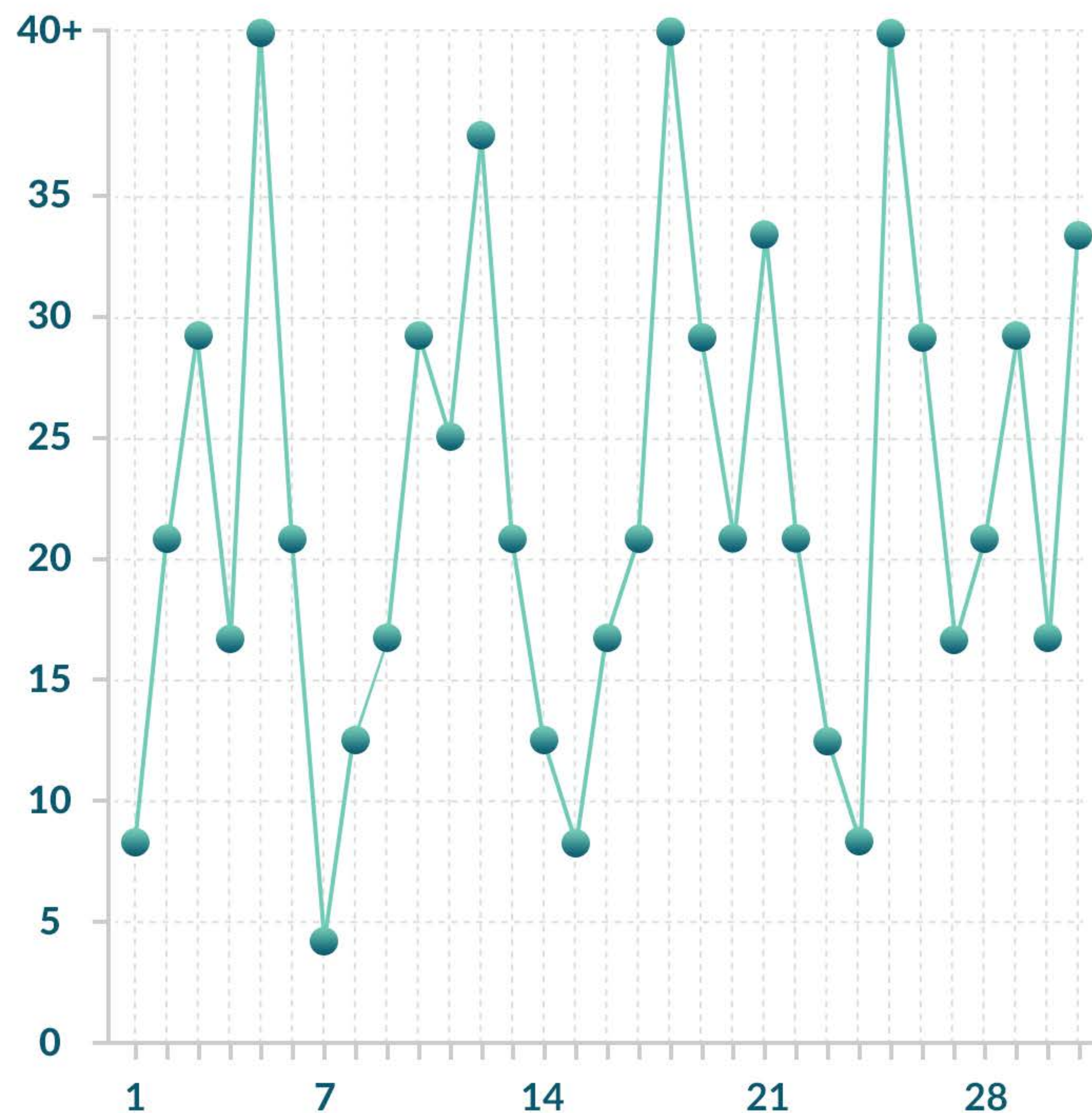


This Month

How much did you smoke this month?



August 2014



This month, you smoked **63 cigarettes**.



On average this month you smoked **9 cigarettes** per day.



This Month

How often did you take your medication this month?



August 2014

	1 Yes	2 Yes	3 Yes	4 Yes	5 Yes	6 Yes
7 No	8 Yes	9 No	10 Yes	11 Yes	12 Yes	13 No
14 Yes	15 Yes	16 Yes	17 Yes	18 Yes	19 Yes	20 Yes
21 Yes	22 Yes	23 Yes	24 No	25 Yes	26 Yes	27 Yes
28 Yes	29 No	30 Yes	31 Yes			

This month, you said you took your medication as prescribed **27 out of 31 days.**

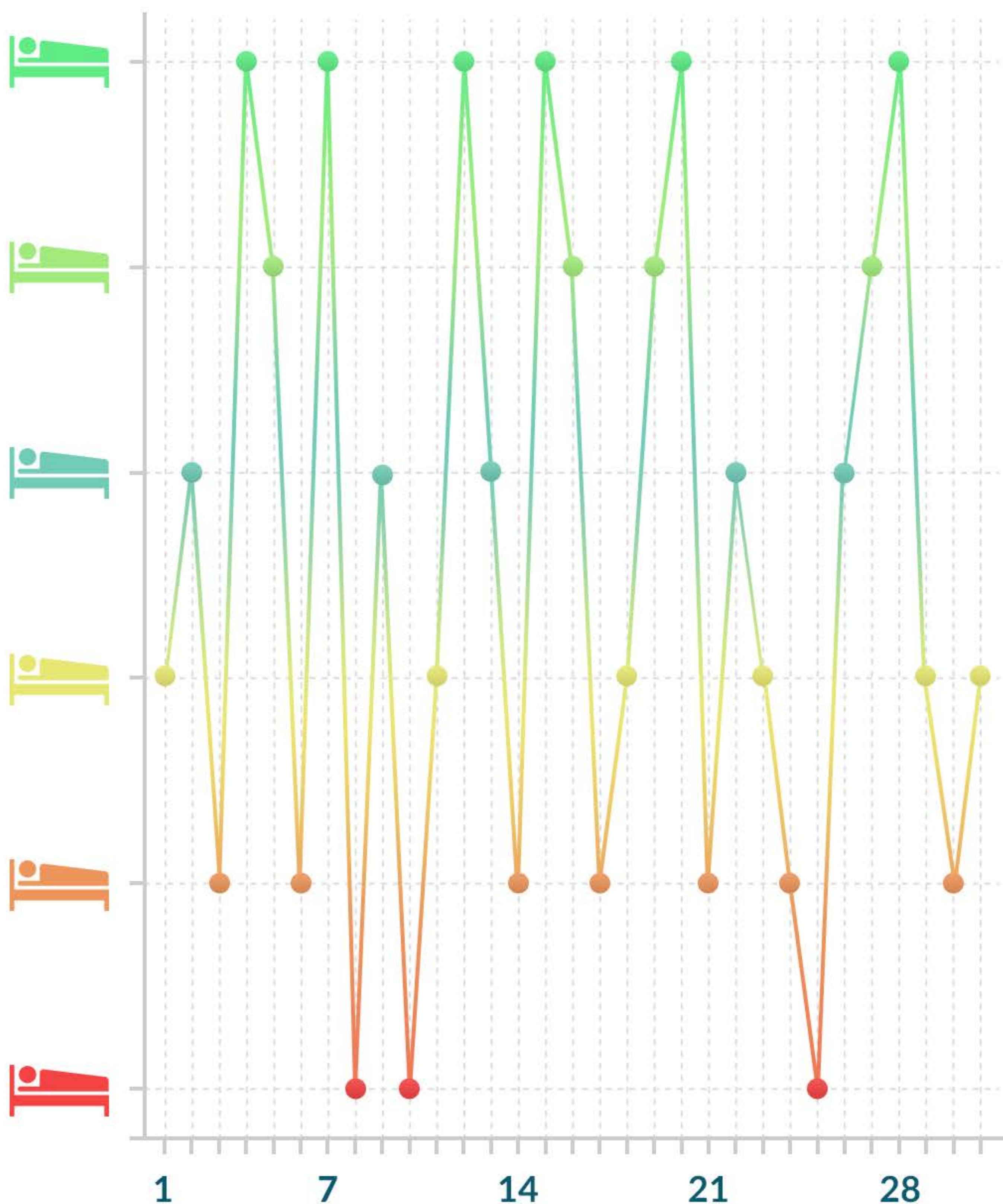


This Month

How was your sleep quality this month?



August 2014



Overall, your sleep quality was *good* this month.



This Month

How often did you complete your Check-Ins this month?



August 2014

	1 	2 	3 	4	5 	6
7 	8 	9 	10 	11 	12 	13
14 	15 	16 	17	18 	19 	20
21	22 	23 	24 	25 	26 	27
28 	29 	30 	31 			

This month, you completed all your check-ins
27 out of 31 days.



All-Time

« This Month

CREATE SNAPSHOTS REPORT



Showing: All-time Snapshots,
from the first Volari COPD launch

CUSTOMIZE DATA IN THIS VIEW



Check-Ins

56

Symptoms
Check-Ins

12

Smoking
Check-Ins

14

Water Intake
Check-Ins

13

Customize Snapshots View

Show Snapshots from:



A specific week



Select week:

Dates with your activity are marked in blue.



August 2014



Su	Mo	Tu	We	Th	Fr	Sa
30	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31	1	2	3

CANCEL

APPLY



All-Time

« This Month

CREATE SNAPSHOTS REPORT



Showing: Weekly Snapshots,
from Aug 3-9, 2014

CUSTOMIZE DATA IN THIS VIEW



Check-Ins



Symptoms
Check-Ins



Smoking
Check-Ins



Water Intake
Check-Ins





Create Snapshots Report

On this page you can create and save a new Snapshots Report, or email any of your previously saved reports.

**CREATE
NEW REPORT**

**PREVIOUS
REPORTS**

Follow the steps below to create your report.

1 *Choose your timeframe*

Tap the field to choose your time frame.

Weekly Snapshots from: Aug 21-27, 2014

2 *Choose your Snapshots data*

Tap on the button below to choose which data you would like in your report.

Customized data sets — *tap to view categories*

3 *Save Report*

Please be careful where you store your **Volari COPD** reports so that your information is protected



Create Snapshots Report

2 Choose your Snapshots data

Tap on the button below to choose which data you would like in your report.

Customized data sets — tap to view categories

3 Save Report

Please be careful where you store your **Volari COPD** reports so that your information is protected.

Your report will be saved at this location on your mobile device:

/storage/sdcard0/lorem/ipsum

Your report will be saved as:

volariCOPD_report_aug27_2014.pdf

PREVIEW
REPORT

SAVE
REPORT

Choose Reports Timeframe

Show Snapshots from:



A specific week



Select week:

Dates with your activity are marked in blue.



August 2014



Su	Mo	Tu	We	Th	Fr	Sa
30	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31	1	2	3

CANCEL

APPLY

PREVIEW
REPORT

SAVE
REPORT

Choose Snapshots Data

Select data sets that you want to include in your report:



Main Daily Check-In
("How are you feeling today?")

Check-Ins



Smoking



Medication



Sleep Quality



Symptoms



Physical Activity



Water Intake



Achievements



Rescue Medication Usage



Latest CCQ Results

CANCEL

APPLY

2 Choose your Snapshots data

Report Saved!

Your new report has been saved to this location on your mobile device:

/storage/sdcard0/lorem/ipsum

Your report is saved as:

volariCOPD_report_aug27_2014.pdf

Would you like to email this report to your caregiver or family members?

**MAYBE
LATER**

**EMAIL THIS
REPORT**

**PREVIEW
REPORT**

**SAVE
REPORT**



Create Snapshots Report

On this page you can create and save a new Snapshots Report, or email any of your previously saved reports.

**CREATE
NEW REPORT**

**PREVIOUS
REPORTS**

Here are your previously saved reports. You can email up to 20 previous reports at one time from the application.

Save date

File name

26/08/2014 volariCOPD_report_aug26_2014.pdf

View Report

Email This Report

25/08/2014 volariCOPD_report_aug25_2014.pdf

View Report

Email This Report

24/08/2014 volariCOPD_report_aug24_2014.pdf

View Report

Email This Report

23/08/2014 volariCOPD_report_aug23_2014.pdf



Your Progress

Unlocked >>

You have achieved **8 out of 42** achievements. Keep up the good work!



8/42

In-Progress Achievements

You have 34 locked achievements. Try to unlock them all. Tap on a badge to learn more.



Fourth Time's
a Charm

Checked in for
4 days running



Five
Great Days

Checked in for
5 days running



Smoke-Free Bronze

Didn't smoke for an entire week



Achievement Status:

In-Progress



43%

Achievement Category: **Smoke-Free**

Earn this achievement when you refrain from smoking for a week.

CLOSE

Go H₂O Gold

Completed 25 water Check-Ins



Achievement Status:

Locked

Achievement Category: **Good Habits**

You will earn this achievement when you have completed 25 water Check-Ins.

CLOSE



Unlocked

« In-Progress

All »

Sort unlocked achievements by:

UNLOCK DATE

CATEGORY

Here are your Unlocked Achievements sorted by date (most recent to oldest). Tap on a badge to learn more.



Fourth Time's
a Charm

Checked in for
4 days running



Five
Great Days

Checked in for
5 days running





Unlocked

« In-Progress

All »

Sort unlocked achievements by:

UNLOCK DATE

CATEGORY

Here are your Unlocked Achievements sorted by category. Tap on a badge to learn more.

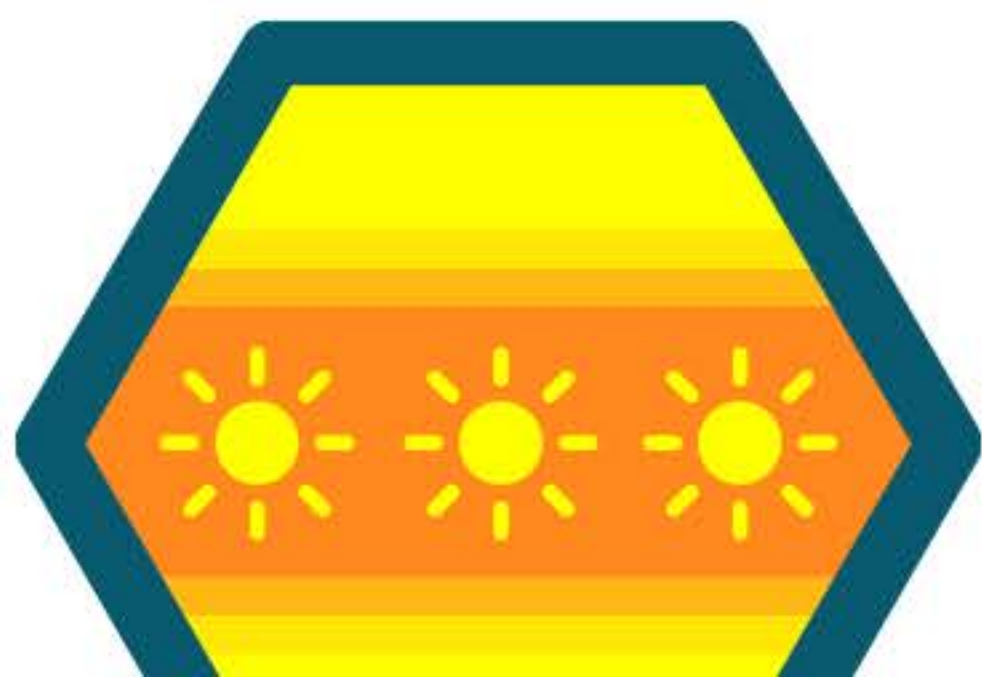
Category: Commitment



The Next Day
Second day of
Volari COPD



Back-to-Back
Champ
Checked in for
2 days running



The Next Day

Second day of Volari COPD



Achievement Status:

Unlocked!

Unlocked on 25/08/2014

Achievement Category: **Commitment**

You earned this achievement by launching the app the day after you installed it.

CLOSE

« Unlocked

Here are all the achievements you can unlock.
You have already achieved **8 badges**.
Keep up the good work.

Category: Firsts



Well Fed

Visited your Feed for
the first time



Knowledge is Power

Visited Education
for the first time



Switched On

Launched **Volari COPD**
for the first time



Sherlock

Visited your Snapshots
for the first time

Would you like to know more about COPD?
Check out some of the videos below.

What is COPD?



Living with COPD



Interactive Lungs





Your Profile

Medications >>

Profile Completeness



George

CHANGE
USERNAME



Tap on a tile to fill out or make changes
to your information.

Gender

Male



Birth Year

1967



Height

180 cm



Weight

Tap to fill out



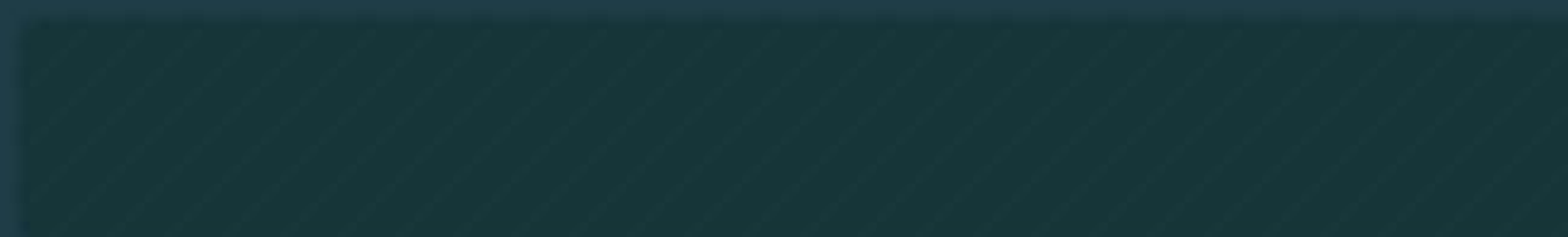


MENU

Your Profile

Medications >>

Profile Completeness



70%

Your Username

Please enter the username you would like to use. This will take effect immediately.

George

CANCEL

SAVE

Height

180 cm

Weight

Tap to fill out



MENU

Your Profile

Medications >>

Weight

Swipe up or down to select your weight.

83

▲

▼

82

kg

81

CANCEL

SAVE

180 cm

Tap to fill out





MENU

Your Profile

Medications >>

What is your smoker status?



Smoker



Non-smoker

If you identify as a **smoker**, you can use **Volari COPD** to record the number of cigarettes you smoked each day. You can also earn "Smoke-Free" achievements for not smoking.

CANCEL

SAVE

180 cm

Tap to fill out





MENU

Your Profile

Medications >>

Cigarettes Per Day

Swipe up or down to select the number of cigarettes.

3

▲

▼

2

1

cigarettes

CANCEL

SAVE

180 cm

Tap to fill out





Profile: Medications

« Your Profile

Medical Contacts »

Volari COPD can help store a list of your medications. Tap on a medication name to make changes.

You may also want to set an alarm to remind yourself to take your medication at the times you've entered. This alarm can be set in the **Settings** section of this application.

Your medications

Medication 1

Twice daily — Morning, Evening

TAP TO ADD MEDICATION



Add Medication

Name

Medication 2

Schedule pattern

Times per day

–

Three times daily

+

Medication times

1

«

Morning

»

2

«

Lunchtime

»

3

«

Evening

»

CANCEL

SAVE



MENU

Profile: Medications

<< Your Profile

Medical Contacts >>

Modify Medication

Name

Medication 1

Schedule pattern

Times per day

–

Once daily

+

Medication times

1

«

Morning

»

REMOVE MEDICATION



CANCEL

SAVE

Modify Medication

Name

Medication 1

*Are you sure you want to remove
Medication 1?*

This action will delete your medication from
Volari COPD and cannot be undone.

**NO, I WANT TO KEEP
MY MEDICATION.**



YES, DELETE IT.



REMOVE MEDICATION



CANCEL

SAVE



MENU

Profile: Medical Contacts

« Medications

CCQ »

Volari COPD medical contacts are people important to you and your health. Tap on a name to make changes to their information.

Volari COPD Medical Contacts

Physician - Dr. Funke

555-5555

TAP TO ADD
MEDICAL CONTACT





MENU

Profile: Medical Contacts

<< Medications

CCQ >>

Add medical contact

Contact type

Physician



Contact details

Name

Dr. Funke

Phone number

555-5555

IMPORT FROM
CONTACTS



CANCEL

SAVE



MENU

Profile: Medical Contacts

<< Medications

CCQ >>

Modify medical contact

Contact type

Physician



Contact details

Name

Dr. Funke

Phone number

555-5555

**REMOVE MEDICAL
CONTACT**



CANCEL

SAVE

Modify medical contact

Contact type

Physician



*Are you sure you want to remove
Dr. Funke?*

This action will delete your Medical Contact from **Volari COPD** and cannot be undone.

**NO, I WANT TO KEEP
MY MEDICAL CONTACT.**



**YES, DELETE
MEDICAL CONTACT.**





Profile: CCQ

« Medical Contacts

The Clinical COPD Questionnaire (CCQ) is a test that will help you gain insight into your condition based on your symptoms.

TAKE THE CCQ NOW



Remind me to take the CCQ:

Once a month



Past responses

July 20, 2014

June 07, 2014

CCQ Responses - July 20, 2014

On average, during the past 7 days, how often did you feel:

1 Short of breath **at rest?**

Your Answer: **many times**

2 Short of breath **doing physical activities?**

Your Answer: **many times**

3 **Concerned** about getting a cold or breathing getting worse?

Your Answer: **many times**

4 **Depressed (down)** because of your breathing problems?

Your Answer: **many times**

5 Did you **cough?**

Your Answer: **many times**

CLOSE



MENU

About Volari COPD

Settings >>

What is Volari COPD?

Volari COPD is a unique Smart Phone App designed to help you have better control of your COPD and motivate you to make positive lifestyle changes.

In addition to your doctor's clinical care, making good lifestyle choices and recording your symptoms every day can help you manage your COPD. That's where **Volari COPD** comes in, as your ally, supporter and coach. **Volari COPD** helps you "check-in" on your habits and make adjustments over time, and helps you see how you're improving through "snapshots" of your habits. **Volari COPD** also motivates and encourages you every day with tips, affirmations, and awards for achievements.

VIEW TUTORIAL



HOW TO USE



TERMS AND CONDITIONS





Terms and Conditions

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MENU

Settings

« About

Reminder Settings

Check-In Reminder

This reminder will appear if you haven't checked-in for 24 hours. Tap the time field to select your reminder time.

OFF

ON

15:00

Rescue Medication Reminder

This daily reminder prompts you to keep track of when you use rescue medications. Your records will be stored in Snapshots. Consult your physician for more information about your rescue medication. Tap the time field to select your reminder time. It is recommended that you set this reminder in the evening.

OFF

ON

21:00

LEARN MORE



MENU

Settings

« About

Check-In Reminder

Swipe the numbers up or down to select your reminder time.

22

44

▲
▼

21

:

43

20

42

CANCEL

SAVE

rescue medication. Tap the time field to select your reminder time. It is recommended that you set this reminder in the evening.

LEARN MORE



MENU

Settings

« About

Reminder Settings

Check In Reminder

Popup Title

Lorem ipsum dolor sit amet, consectetur adipiscing elit, sed do eiusmod tempor incididunt ut labore et dolore magna aliqua. Ut enim ad minim veniam, quis nostrud exercitation ullamco laboris nisi ut aliquip ex ea commodo consequat.

Duis aute irure dolor in reprehenderit in voluptate velit esse cillum dolore eu fugiat nulla pariatur. Excepteur sint occaecat cupidatat non proident.

BUTTON

physician for more information about your rescue medication. Tap the time field to select your reminder time. It is recommended that you set this reminder in the evening.

LEARN MORE

Volari COPD Activation Code

1 2 3 4 - 1 2 3 4 - 1 2 3 4

SUBMIT

Volari COPD Activation Code

The **Volari COPD** activation code you have entered is incorrect.

Please check your code and enter it again:

1 2 3 4 - 1 2 3 4 - 1 2 3 4

SUBMIT

Location Services

Volari COPD needs to access your location to offer you weather services. Would you like to grant **Volari COPD** access to your location?

**DON'T
ALLOW**

ALLOW



Welcome to Volari COPD. We are excited to have you join us. First, we will need to learn a little about you.

Please enter the username you would like to use:

George

CONTINUE

Application Setup

Profile Completeness



20%

Thanks, George.

*Please accept the Terms and
Conditions for using Volari COPD.*

TERMS AND CONDITIONS

Application Setup

Profile Completeness



30%

Terms and Conditions

PRIVACY ALERT! Your name, email address, phone number, medical data other information available and stored on this device may be considered confidential personal information. Your personal information that you choose to store on this device is solely your responsibility. Novartis will have no access to this data. You are cautioned to maintain the security of the Personal Information you store and restrict access to this data.

Application Terms of Use

This Application is made available to you by Novartis [insert name of the local legal entity] ("Novartis") free of charge for a trial use of six (6) month ("Trial Period") on your smartphone, or other mobile device (each, a, "Device"). However, you may be charged standard rates or fees by wireless or telephone carriers or other parties that are not connected to Novartis for the download and use of the Application. By downloading and

DECLINE

ACCEPT

Application Setup

Profile Completeness



40%

Please select your gender



Male



Female

SKIP THIS STEP

CONTINUE

Application Setup

Profile Completeness



Swipe up or down to select your birth year

1968



1967

1966

SKIP THIS STEP

CONTINUE

Application Setup

Profile Completeness



Swipe up or down to select your height

181



180

cm

179

SKIP THIS STEP

CONTINUE

Application Setup

Profile Completeness



Swipe up or down to select your weight

83



82

kg

81

SKIP THIS STEP

CONTINUE

Application Setup

Profile Completeness



What is your smoker status?



Smoker



Non-smoker

If you identify as a **smoker**, you can use **Volari COPD** to record the number of cigarettes you smoked each day. You can also earn "Smoke-Free" achievements for not smoking.

SKIP THIS STEP

CONTINUE

Application Setup

Profile Completeness



What is your smoker status?



Smoker



Non-smoker

If you identify as a **non-smoker**, **Volari COPD** won't offer you any smoking-related questions or achievements.

SKIP THIS STEP

CONTINUE

Application Setup

Profile Completeness



Swipe up or down to select the number of cigarettes per day

12



11

cigarettes

10

SKIP THIS STEP

CONTINUE

Unlocked!



Switched On



Identified

You've unlocked your first two Achievements.

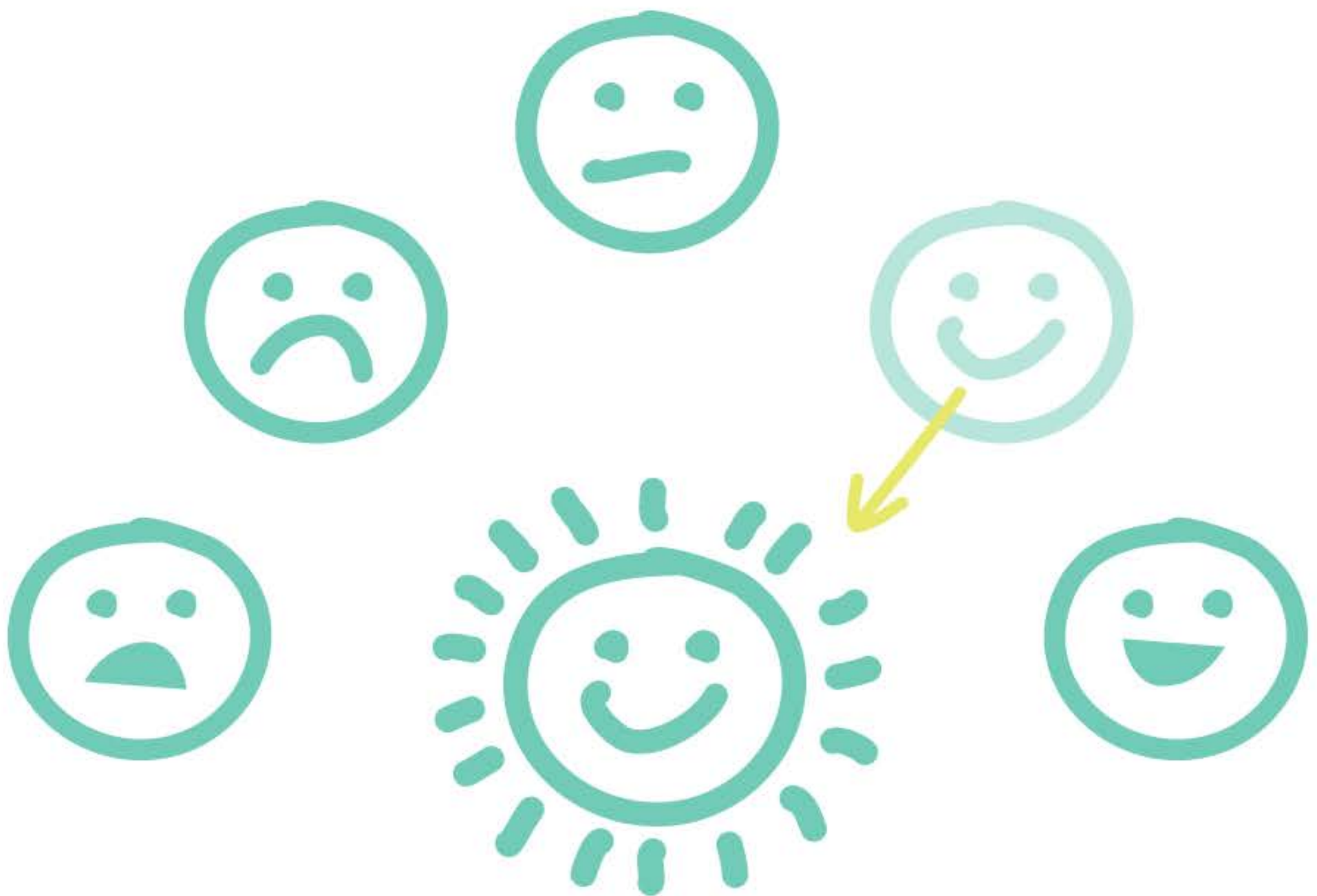
You can change your profile information from your Profile Settings.

The **Volari COPD** tutorial will show you the basics of the app, starting with the daily Check-Ins.

NEXT

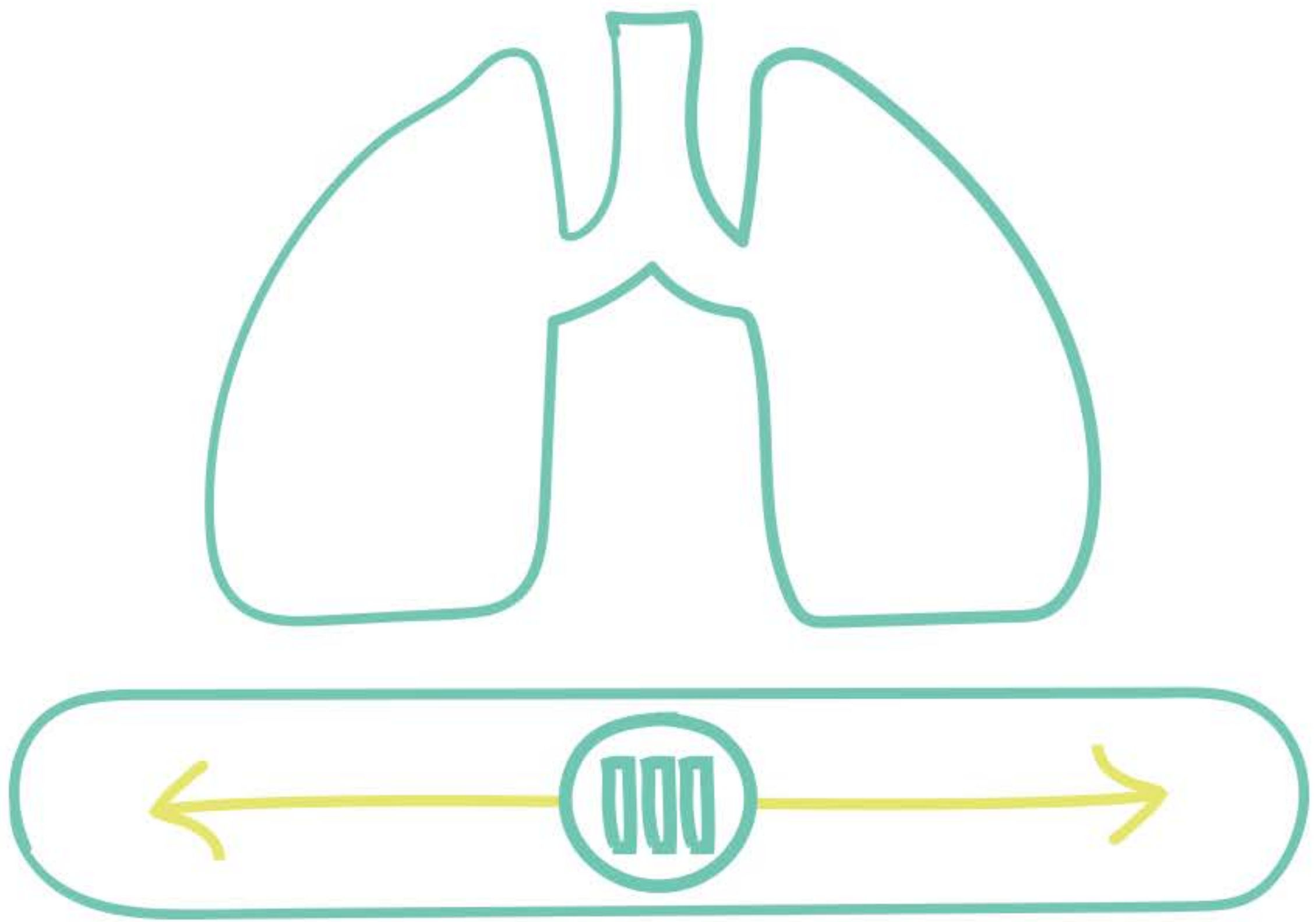


How are you feeling today?



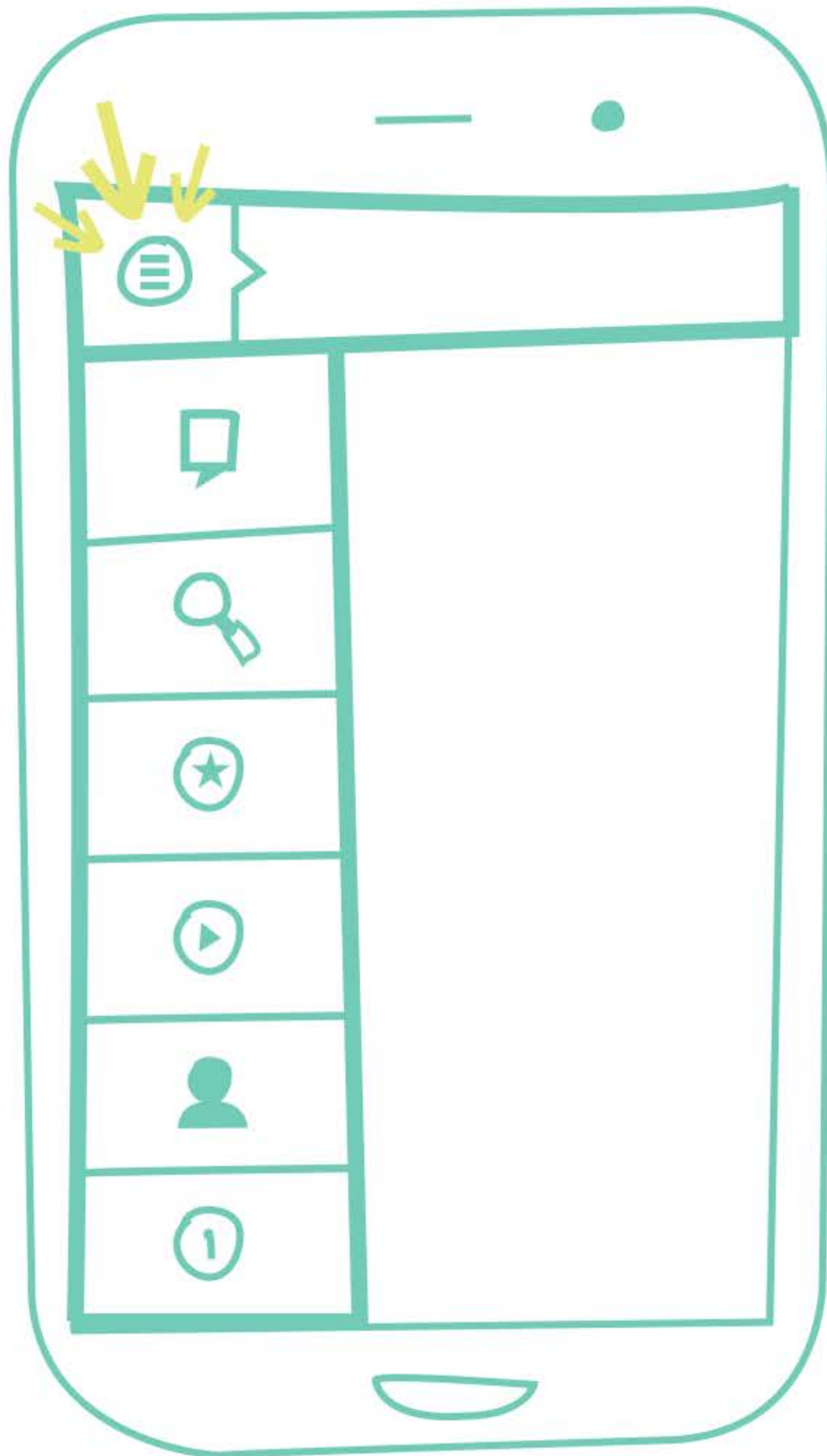
The Main Check-In appears when you launch **Volari COPD** for the first time during the day. Answer the Check-In daily to record your physical and emotional well-being. To answer, drag a face icon that matches how you feel to the centre circle.





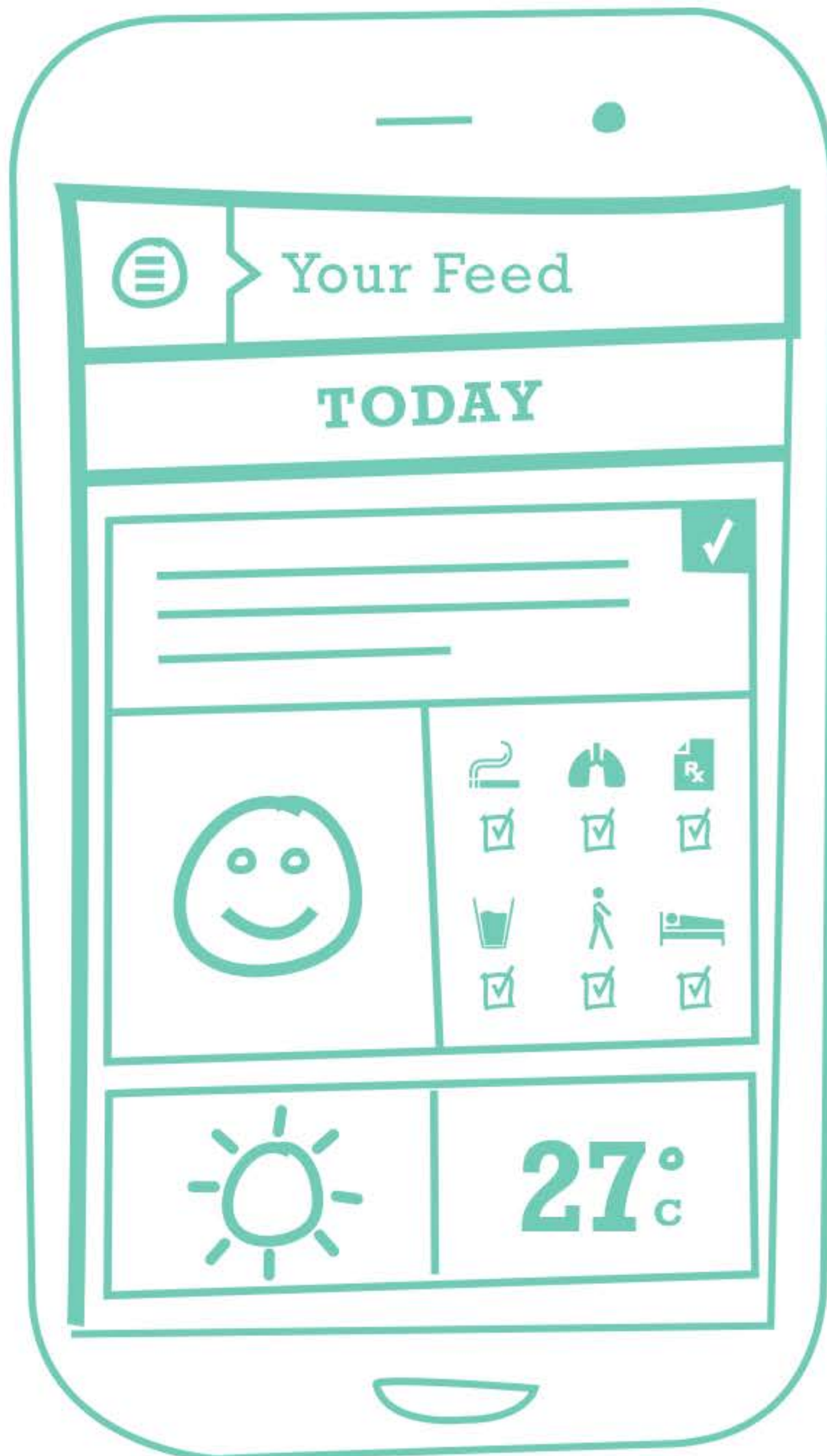
There are 6 daily Check-In questions that record your habits. They first appear when you launch **Volari COPD**. You can skip your Check-Ins, but **Volari COPD** helps you best when you answer regularly.





Use the menu to access other sections of **Volari COPD**. Access the menu by tapping the icon at the top of the screen.





Your Feed records your Check-In progress, notifications, tasks, tips, and daily challenges. Here, you can also modify your daily Check-Ins.





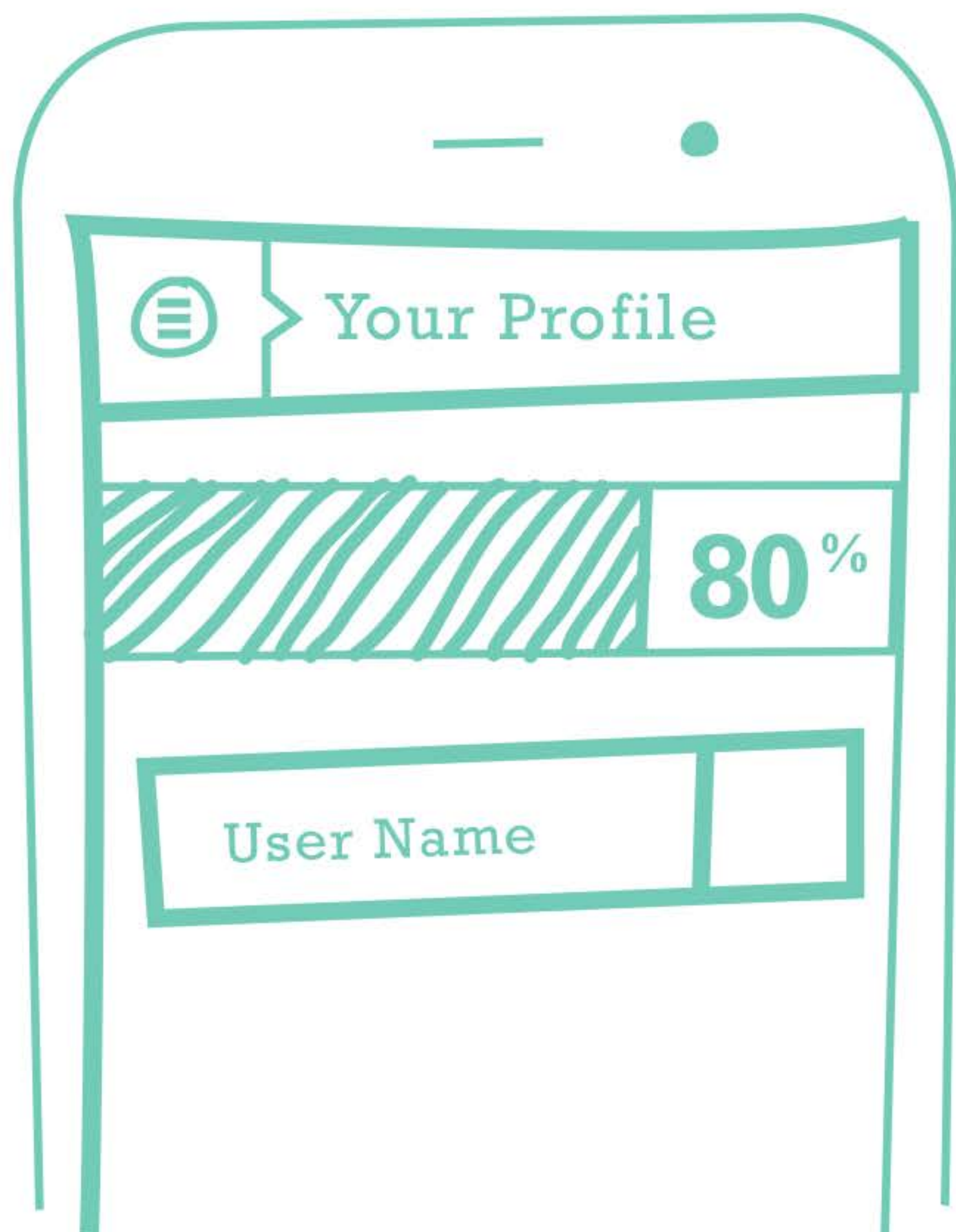
Snapshots shows you visual summaries of your Check-Ins, events, and achievements. You can view daily, weekly, and monthly Snapshots.





Achievements are merit badges. They reward positive lifestyle modifications and dedication to recording progress. Tapping a badge reveals more information about it, so you can know what you need to do to achieve it.





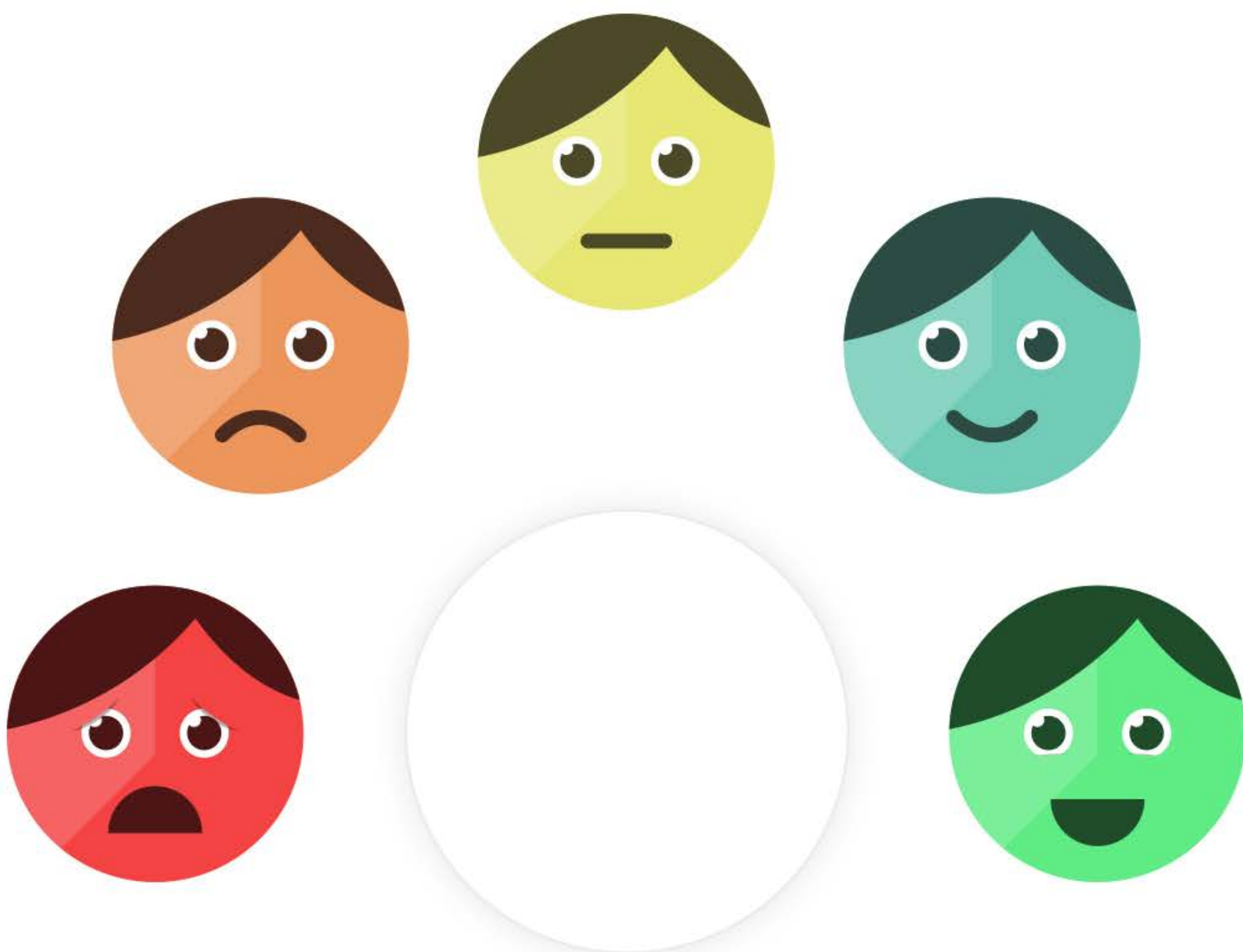
Add medications and COPD companions, and modify your Profile characteristics.

Hello, George!

How are you feeling today?

You can update your Check-In at any time during the day.

SKIP



Drag a face to the centre circle.

Hello, George!

How are you feeling today?

You can update your Check-In at any time during the day.

SKIP



Not great.
I hope tomorrow is better.

Hello, George!

How are you feeling today?

You can update your Check-In at any time during the day.

SKIP



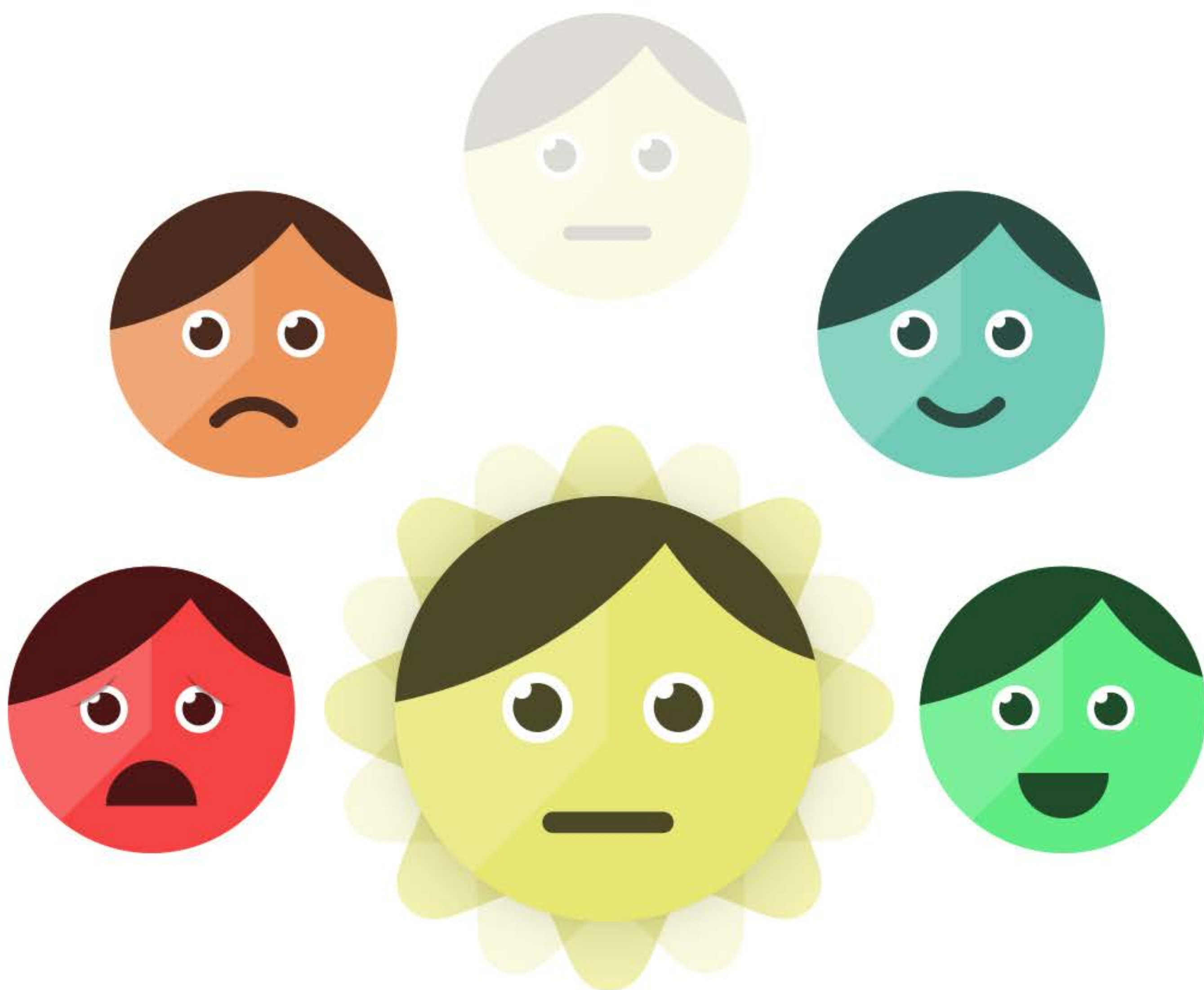
Just ok. A bit down.

Hello, George!

How are you feeling today?

You can update your Check-In
at any time during the day.

SKIP



Good, but could be better.

Hello, George!

How are you feeling today?

You can update your Check-In at any time during the day.

SKIP



Pretty good.

Hello, George!

How are you feeling today?

You can update your Check-In
at any time during the day.

SKIP



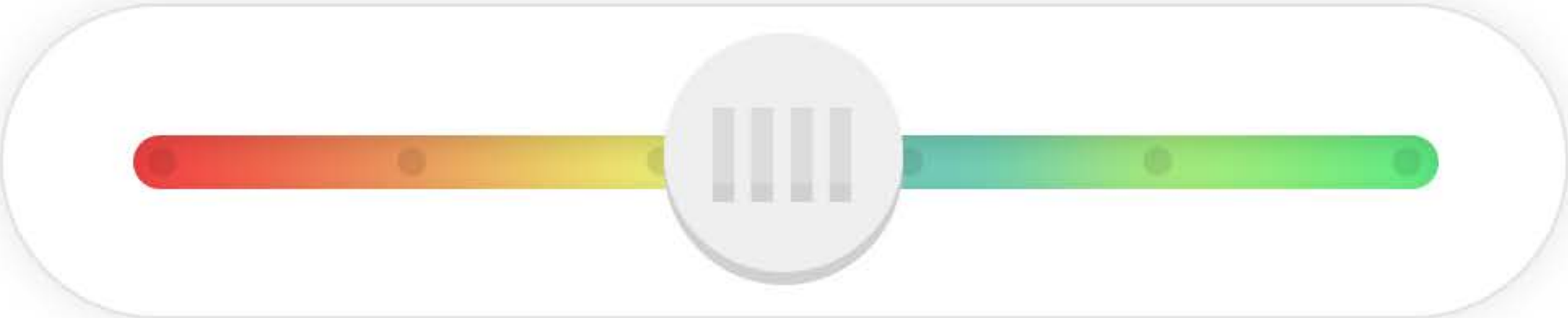
Great!

How are your symptoms today?

You can update your Check-In at any time during the day.

SKIP

Drag slider to the left or right.



FINISHED

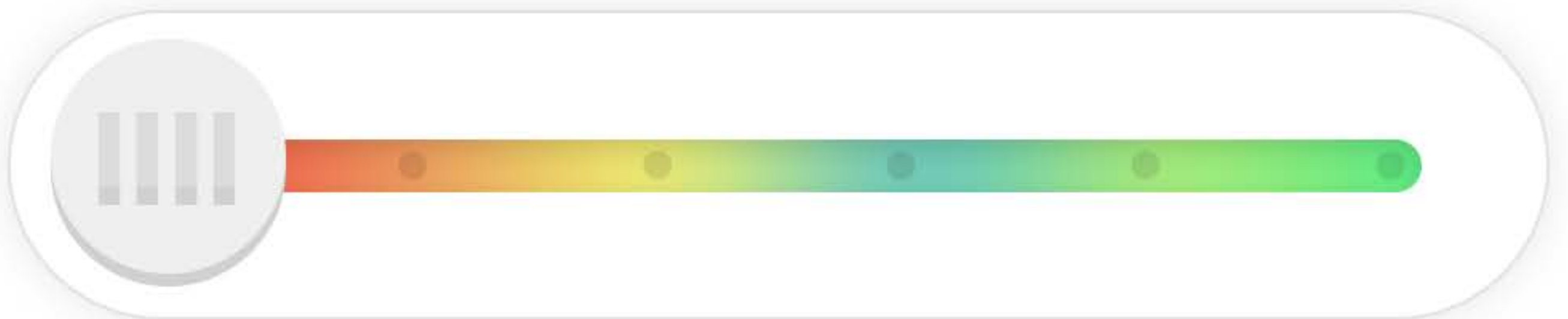
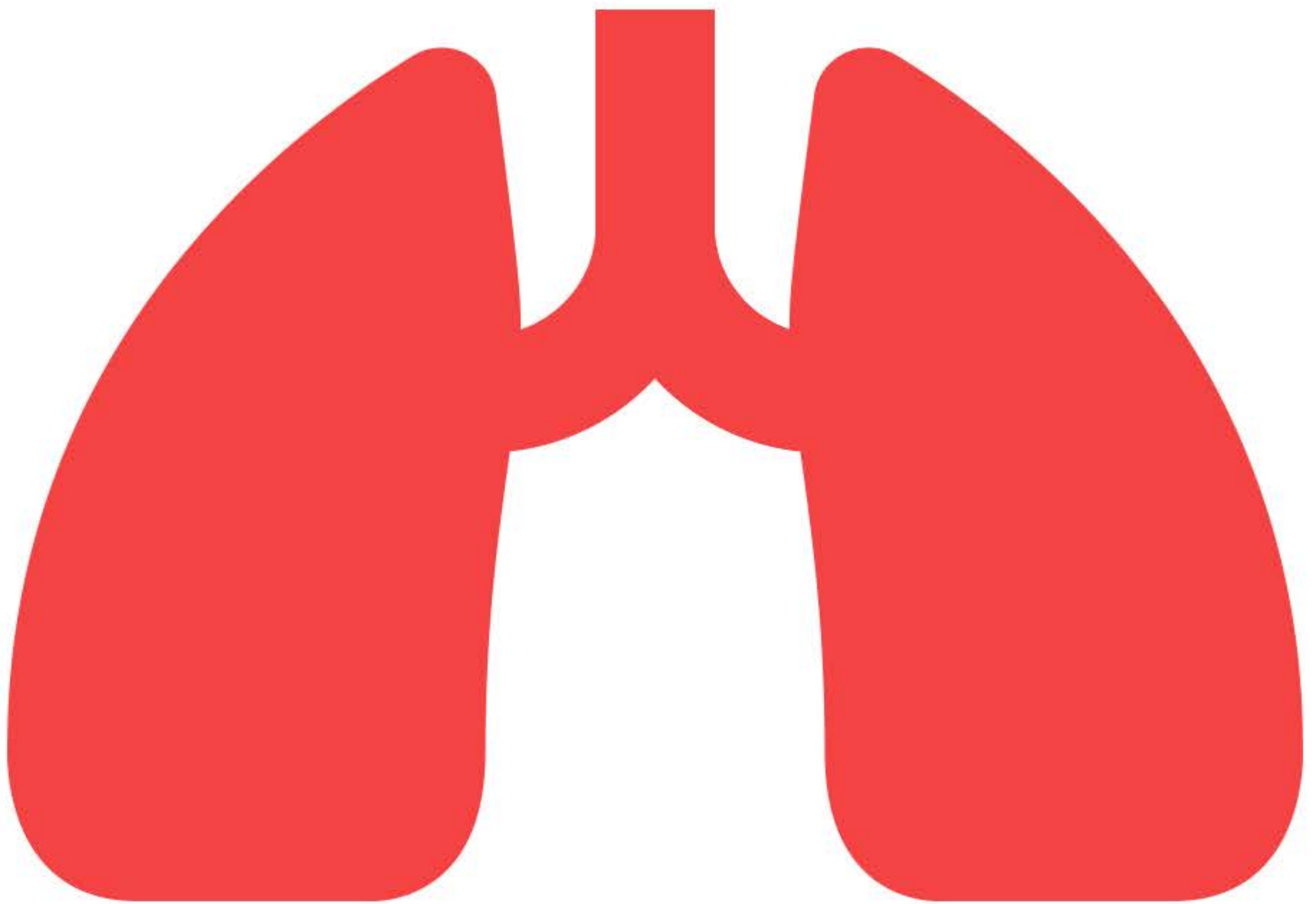


How are your symptoms today?

You can update your Check-In at any time during the day.

SKIP

Very severe symptoms



FINISHED

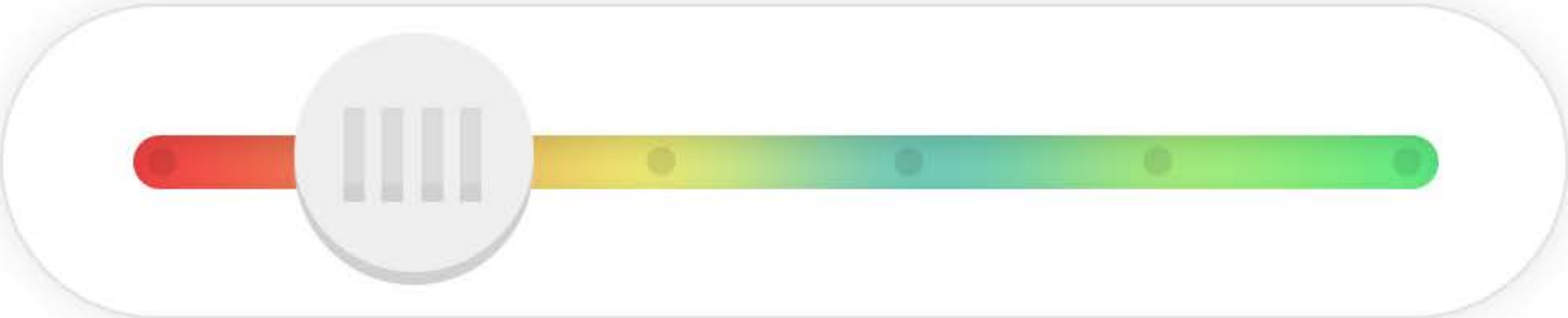
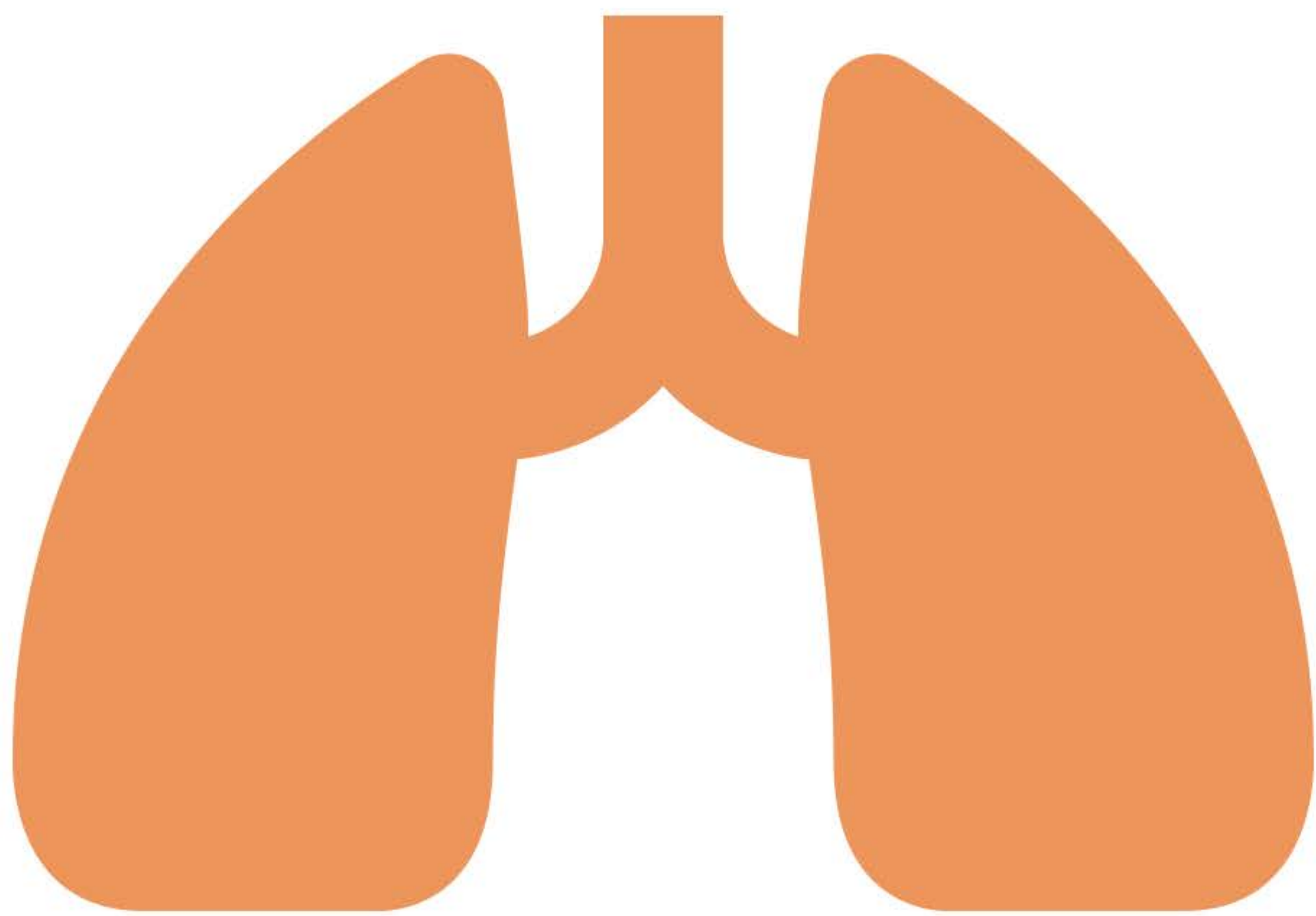


How are your symptoms today?

You can update your Check-In at any time during the day.

SKIP

Severe symptoms



FINISHED

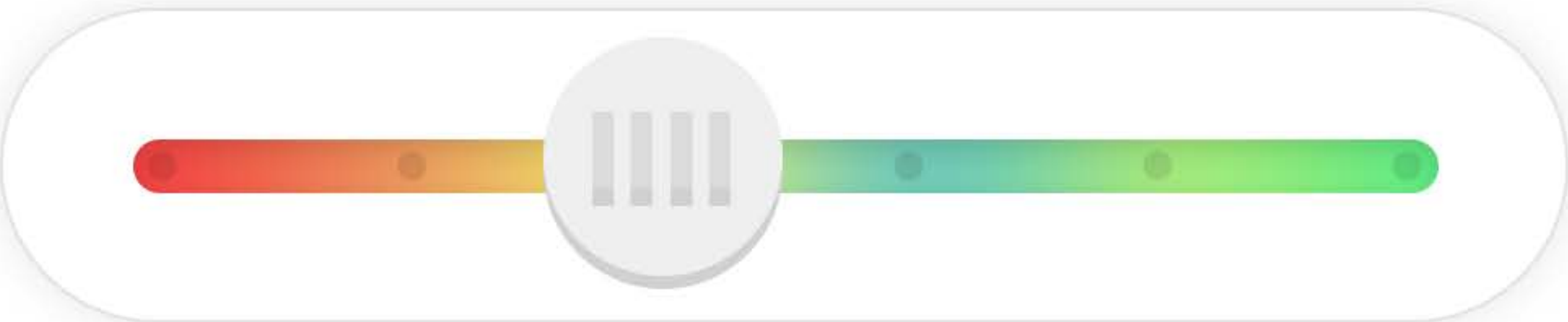
✓

How are your symptoms today?

You can update your Check-In at any time during the day.

SKIP

Moderate symptoms



FINISHED

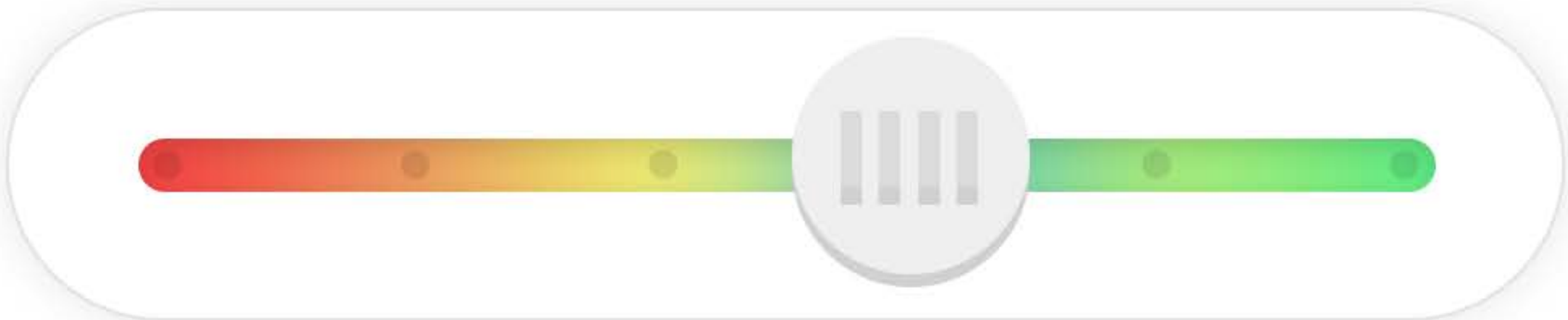
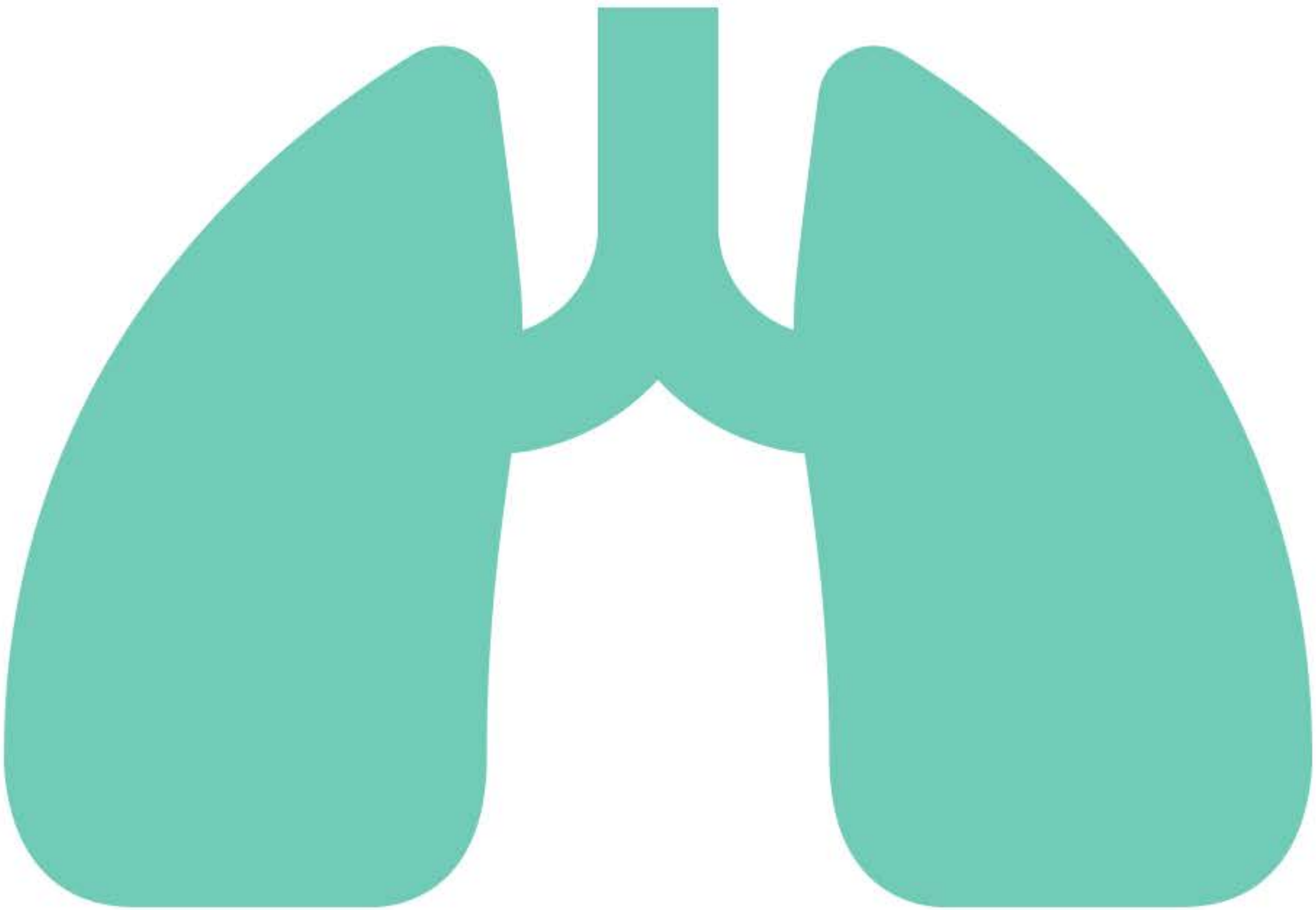
✓

How are your symptoms today?

You can update your Check-In at any time during the day.

SKIP

Mild symptoms



FINISHED

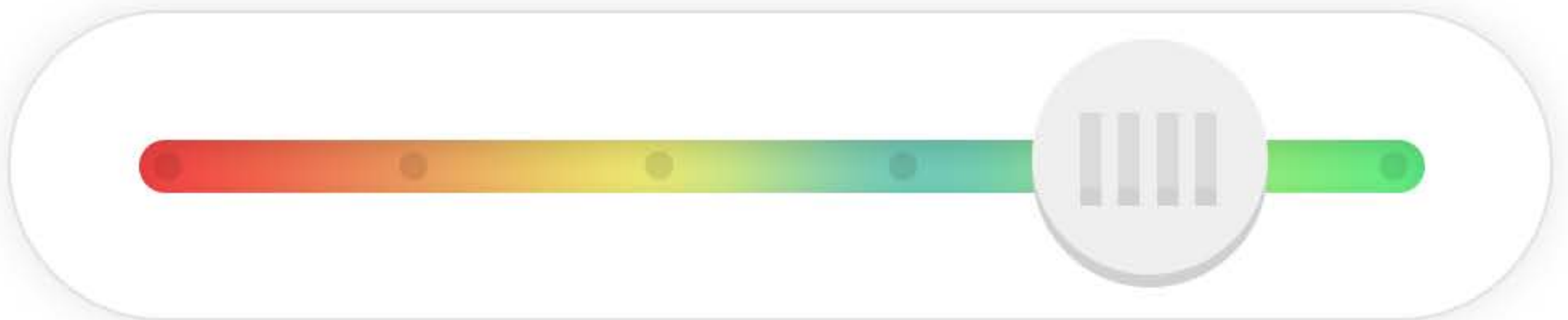


How are your symptoms today?

You can update your Check-In at any time during the day.

SKIP

Very mild symptoms



FINISHED

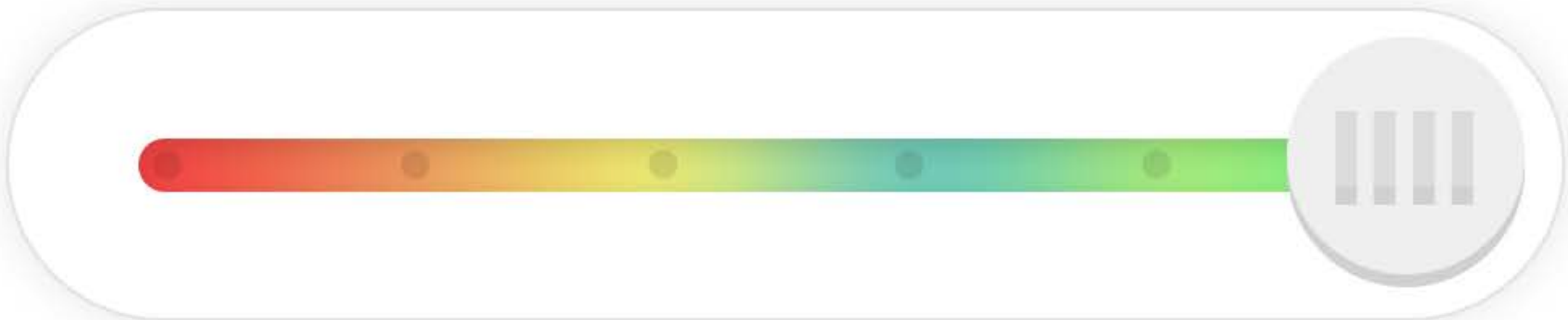
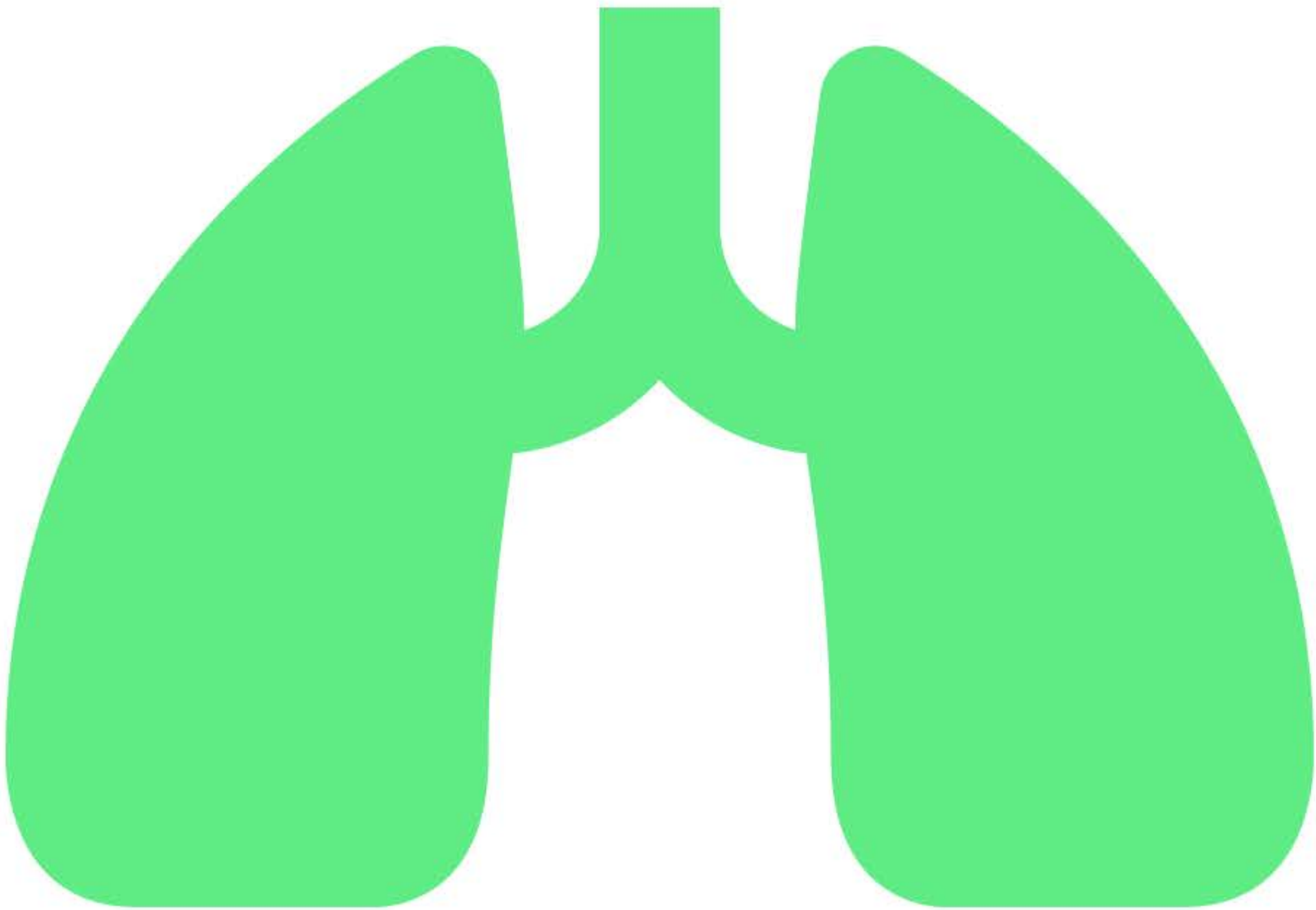


How are your symptoms today?

You can update your Check-In at any time during the day.

SKIP

No symptoms



FINISHED

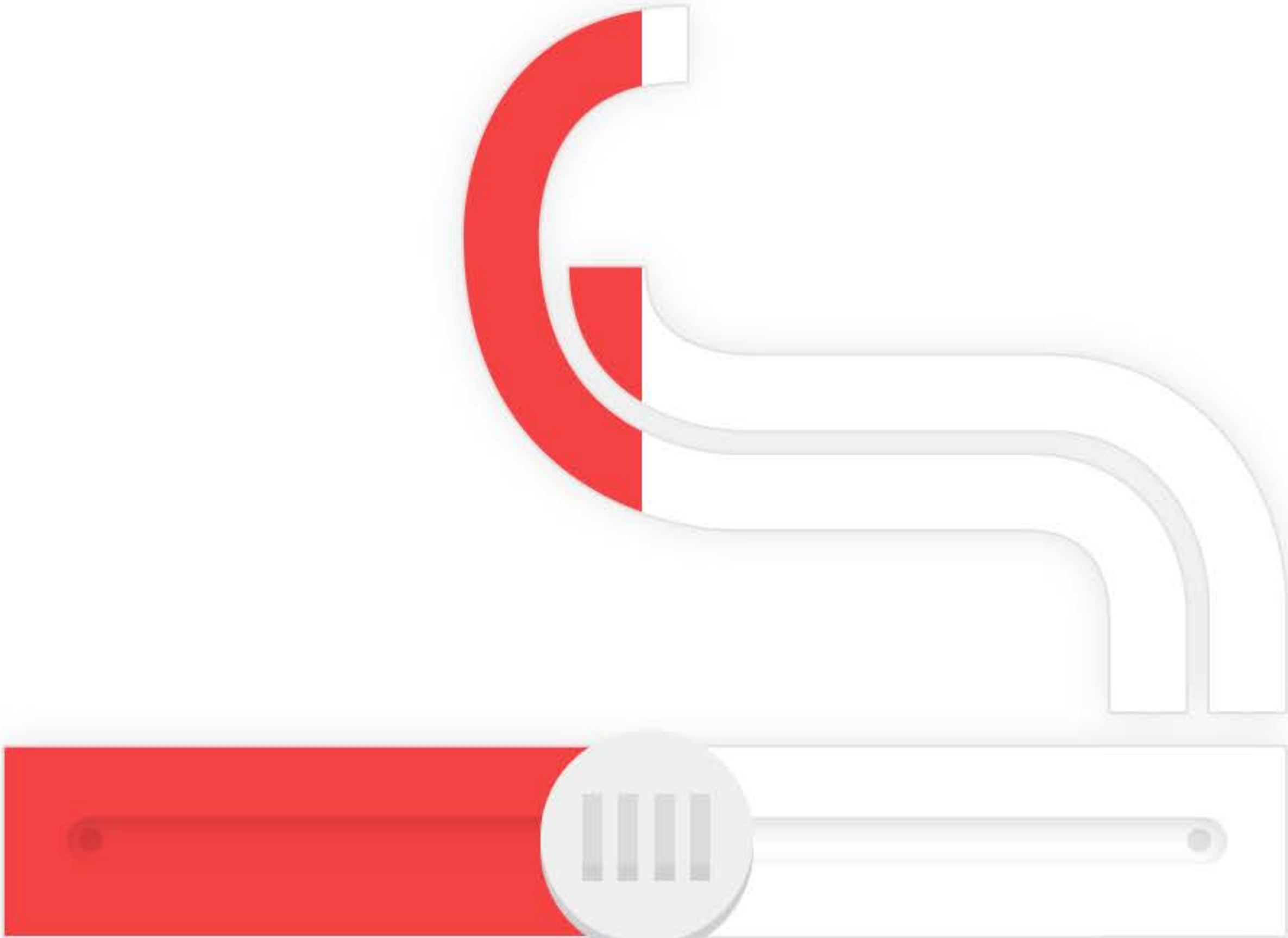


How much have you smoked today?

You can update your Check-In at any time during the day.

SKIP

Drag slider to the left or right.



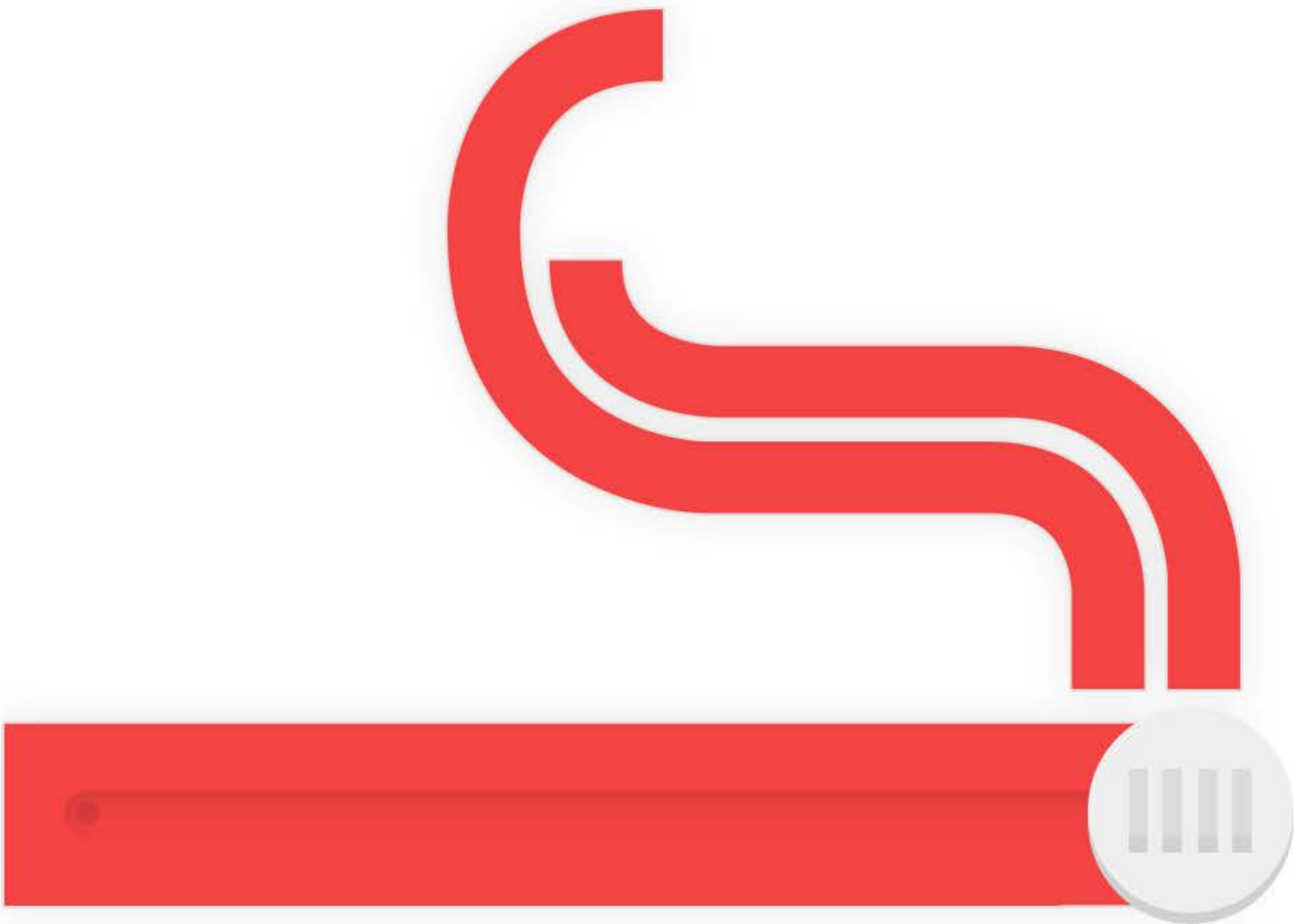
20
cigarettes 

FINISHED 

How much have you smoked today?

You can update your Check-In at any time during the day.

SKIP



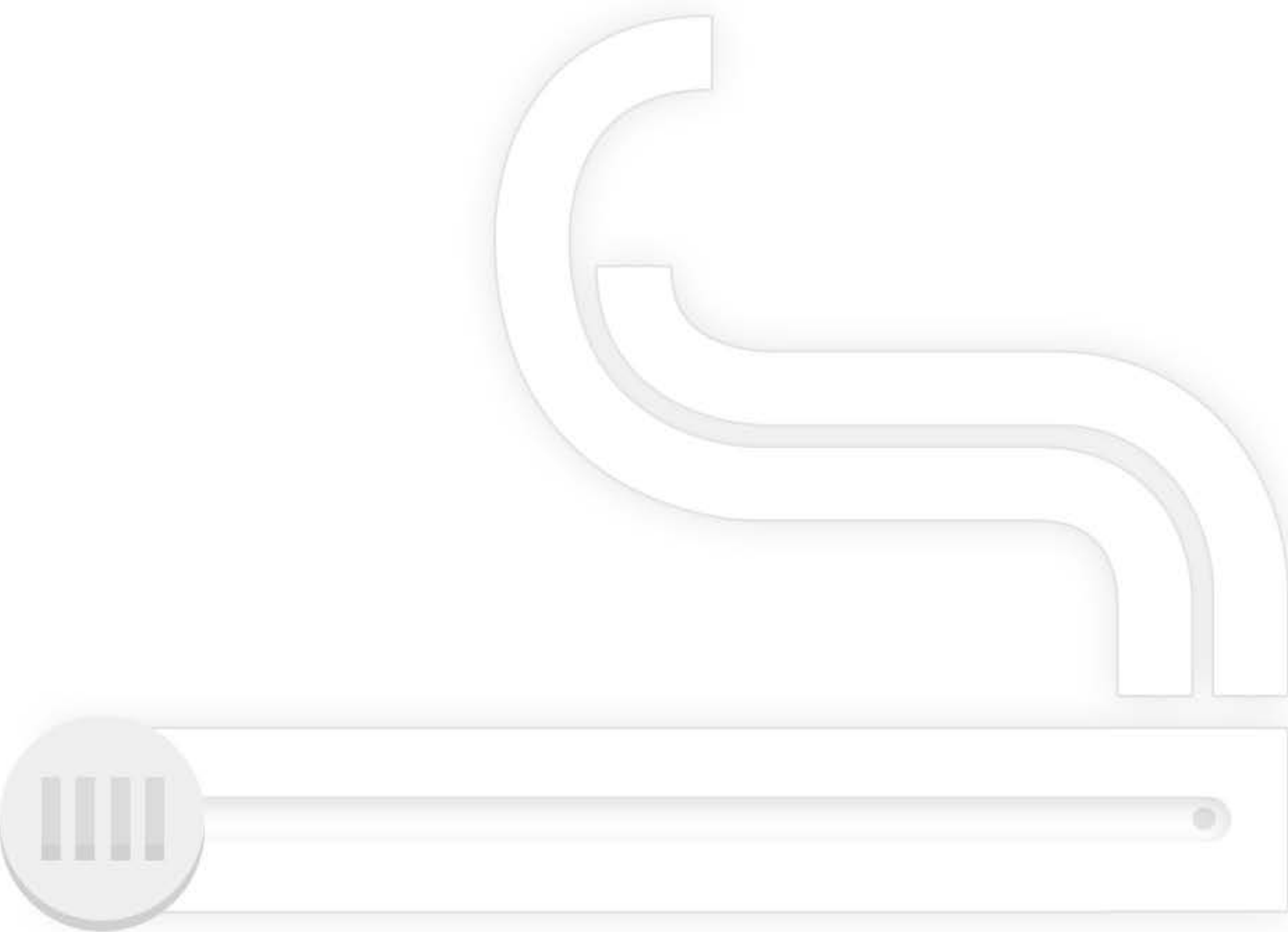
40+
cigarettes

FINISHED ✓

How much have you smoked today?

You can update your Check-In at any time during the day.

SKIP



Didn't Smoke

Fantastic! 😊

FINISHED ✓

How many glasses of water did you drink today?

You can update your Check-In at any time during the day.

SKIP

Slide up or down on the glass to select your response.

Water does not include tea, coffee or alcohol.

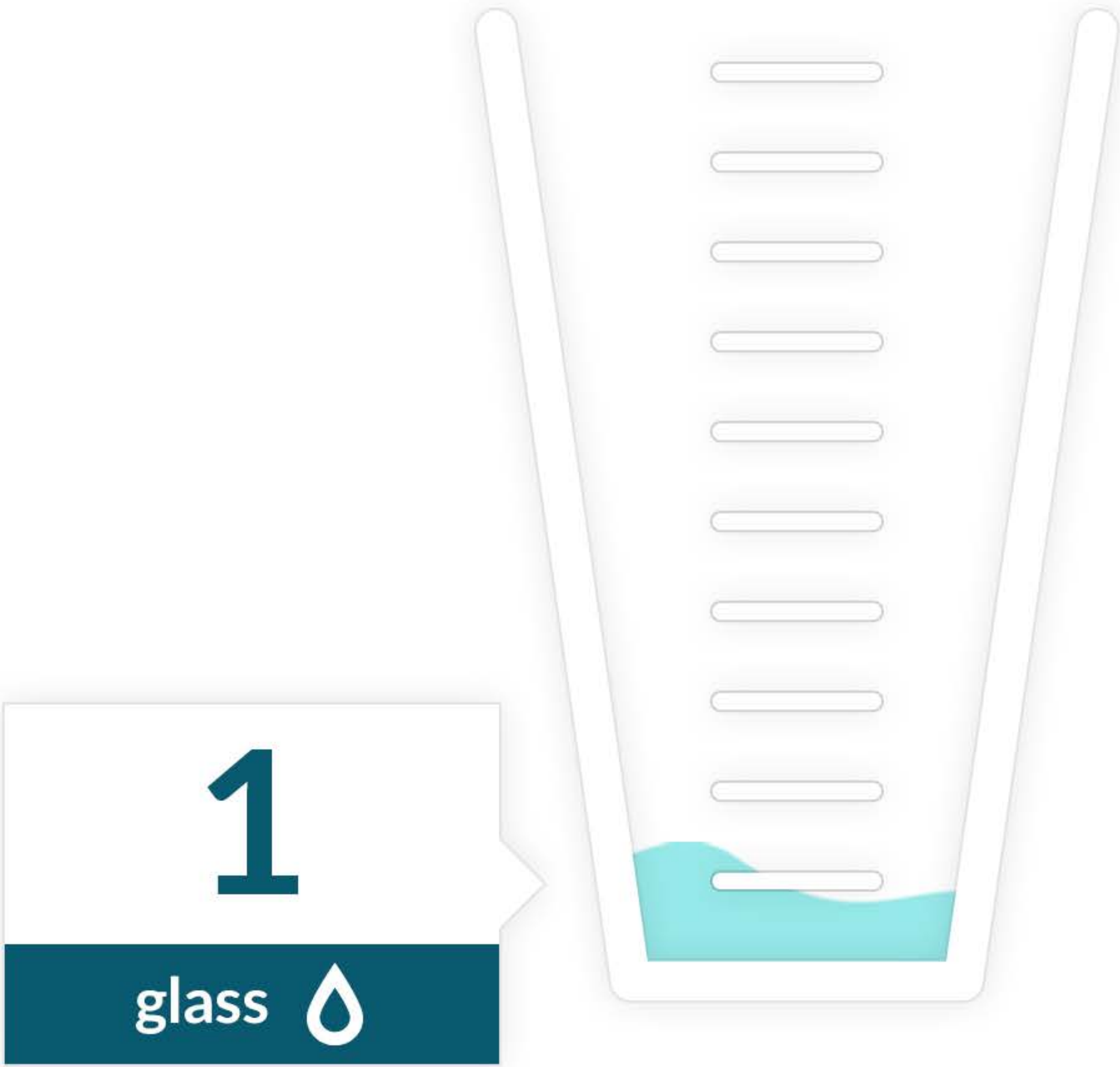
FINISHED



How many glasses of water did you drink today?

You can update your Check-In at any time during the day.

SKIP



Water does not include tea, coffee or alcohol.

How many glasses of water did you drink today?

You can update your Check-In at any time during the day.

SKIP



Water does not include tea, coffee or alcohol.


FINISHED ✓


How many glasses of water did you drink today?

You can update your Check-In at any time during the day.

SKIP

9+

glasses 

Well done! 



Water does not include tea, coffee or alcohol.

FINISHED

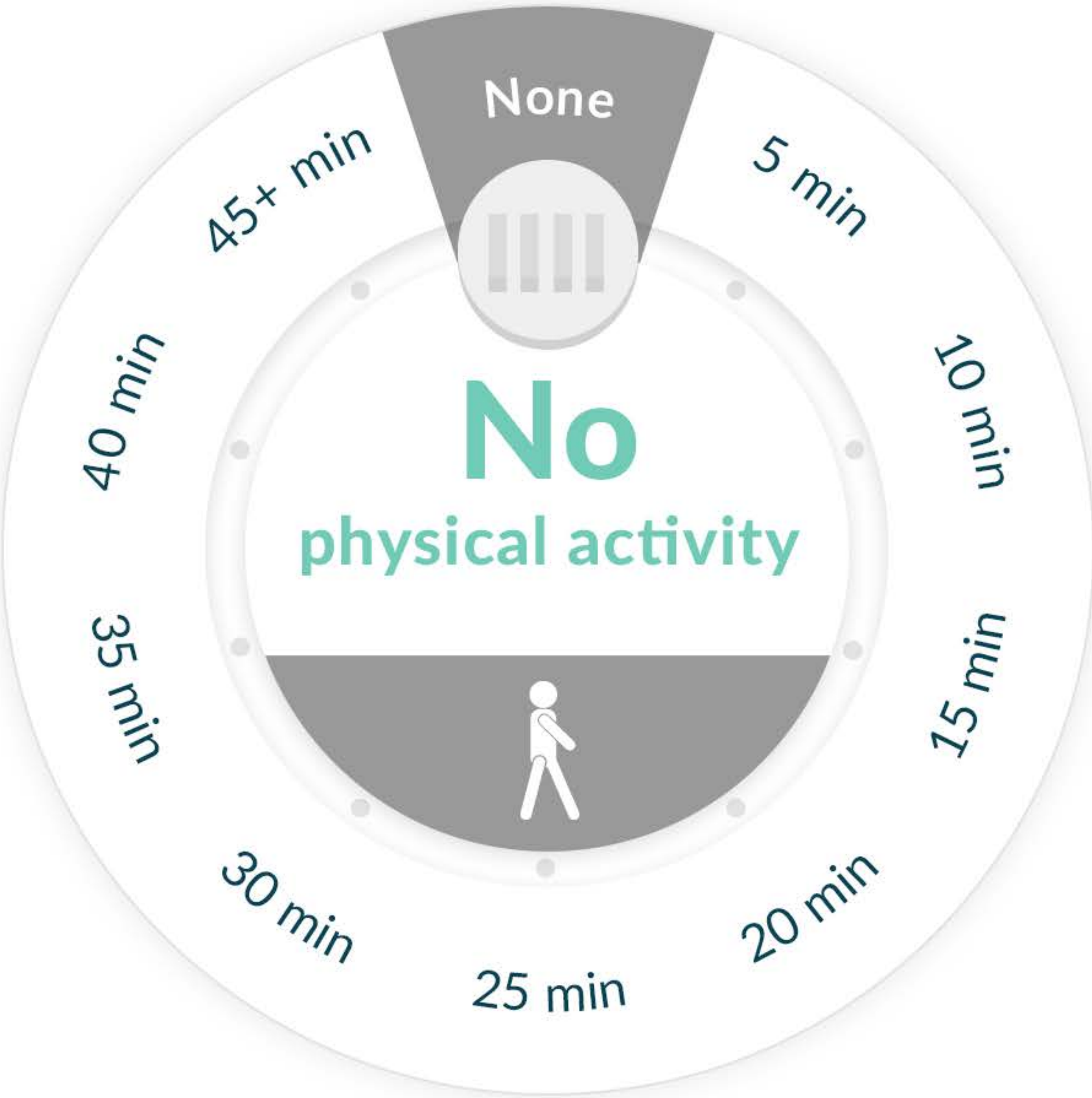


How many minutes of physical activity have you done today?

You can update your Check-In at any time during the day.

SKIP

Drag the slider around the circle.



Activity Level

LOW

MODERATE

HIGH

FINISHED



How many minutes of physical activity have you done today?

You can update your Check-In at any time during the day.

SKIP



Activity Level

Great! 😊

LOW

MODERATE

HIGH

FINISHED



How many minutes of physical activity have you done today?

You can update your Check-In at any time during the day.

SKIP



Activity Level

Great! 😊

LOW

MODERATE

HIGH

FINISHED ✓

How many minutes of physical activity have you done today?

You can update your Check-In at any time during the day.

SKIP



Activity Level

LOW

MODERATE

Great! 😊

HIGH

FINISHED ✓

Did you take all of your medication as prescribed today?

You can update your Check-In at any time during the day.

SKIP

Drag slider to the left or right.

No

Yes



VIEW MEDICATIONS
IN MY PROFILE

Did you take all of your medication as prescribed today?

You can update your Check-In at any time during the day.

SKIP

Great! 😊

No

Yes

A horizontal slider control with rounded ends. The slider is currently positioned at the 'Yes' end, which is highlighted in green. The 'No' end is white. A circular icon with a blue 'Rx' symbol is overlaid on the green 'Yes' section.



VIEW MEDICATIONS
IN MY PROFILE

FINISHED ✓

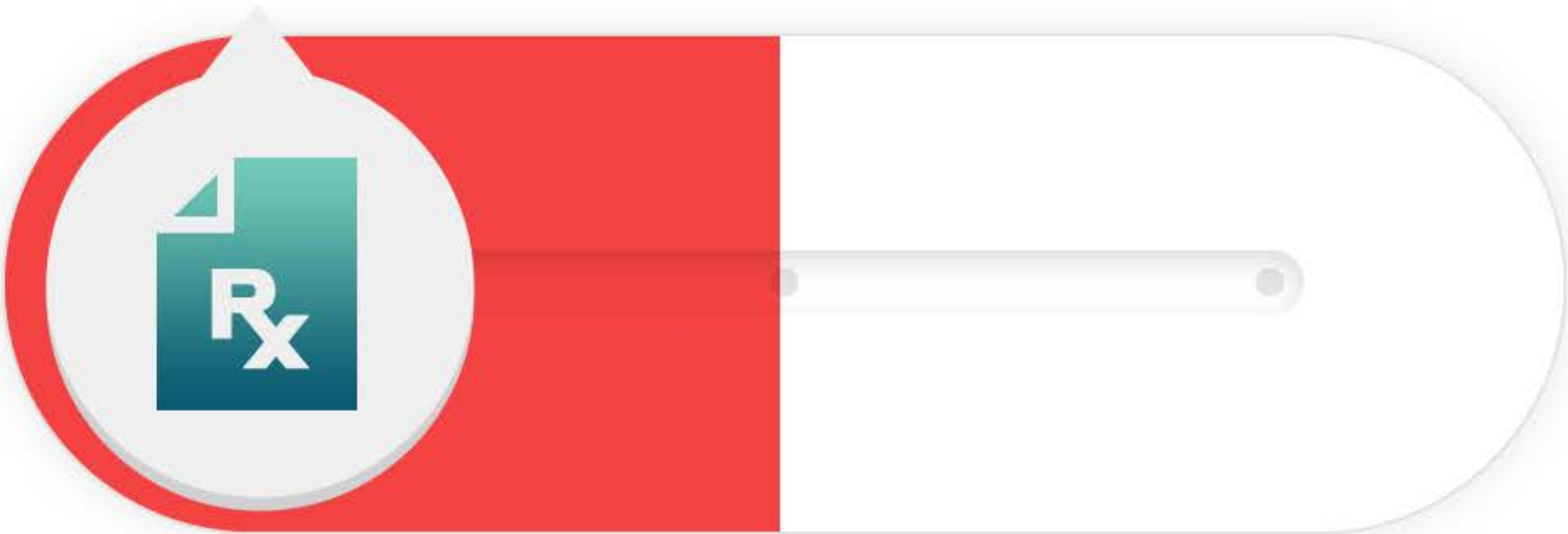
Did you take all of your medication as prescribed today?

You can update your Check-In at any time during the day.

SKIP

No

Yes



VIEW MEDICATIONS
IN MY PROFILE

FINISHED 

Did you take all of your medication as prescribed today?

You can update your Check-In at any time during the day.

SKIP

Medications listed in your profile:

Medication 1

Twice daily: Morning - Evening

Medication 2

Once daily: Morning

Medication 3

Twice daily: Morning - Evening

Medication 4

Twice daily: Morning - Evening

S



FINISHED



How well did you sleep last night?

You can update your Check-In at any time during the day.

SKIP

Drag slider to the left or right.

FINISHED

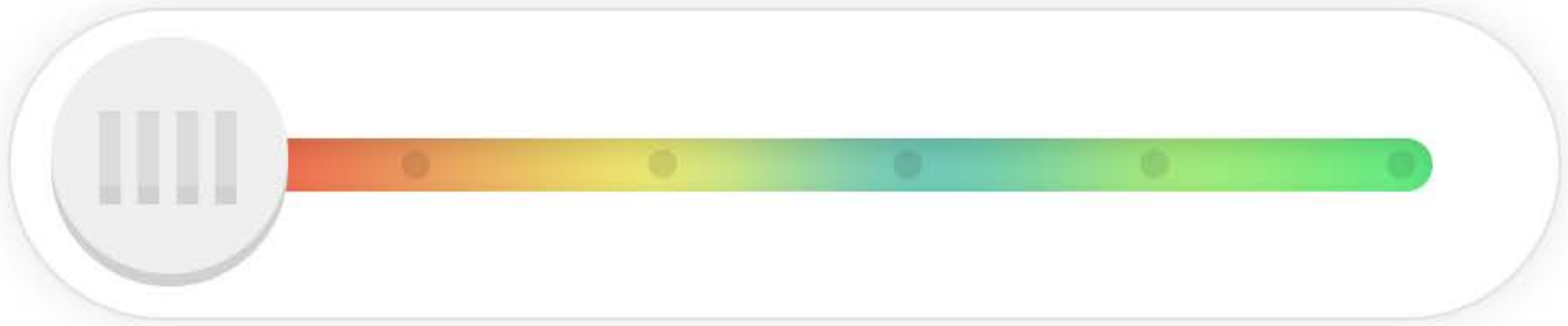
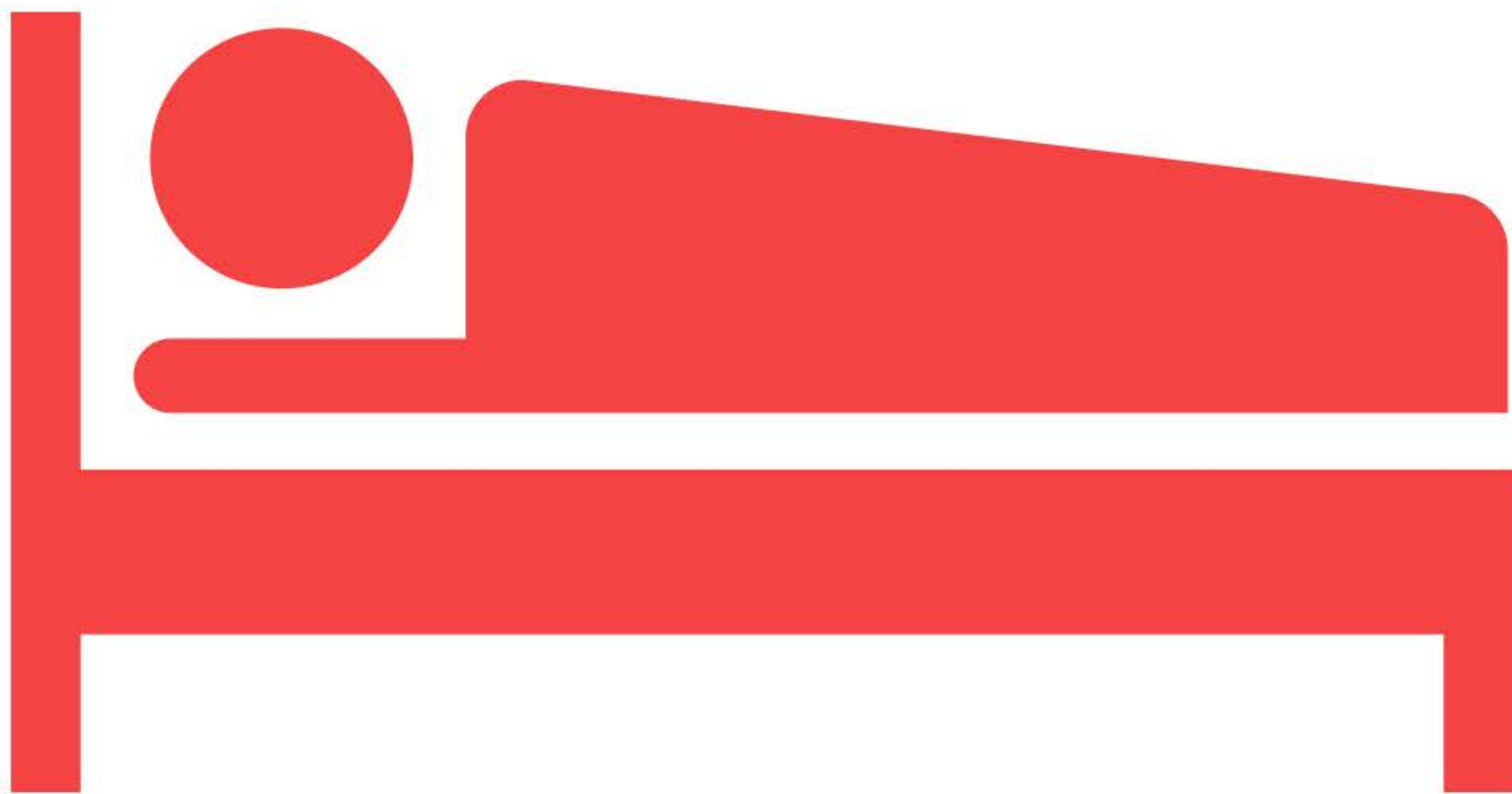


How well did you sleep last night?

You can update your Check-In at any time during the day.

SKIP

Couldn't sleep at all.



FINISHED

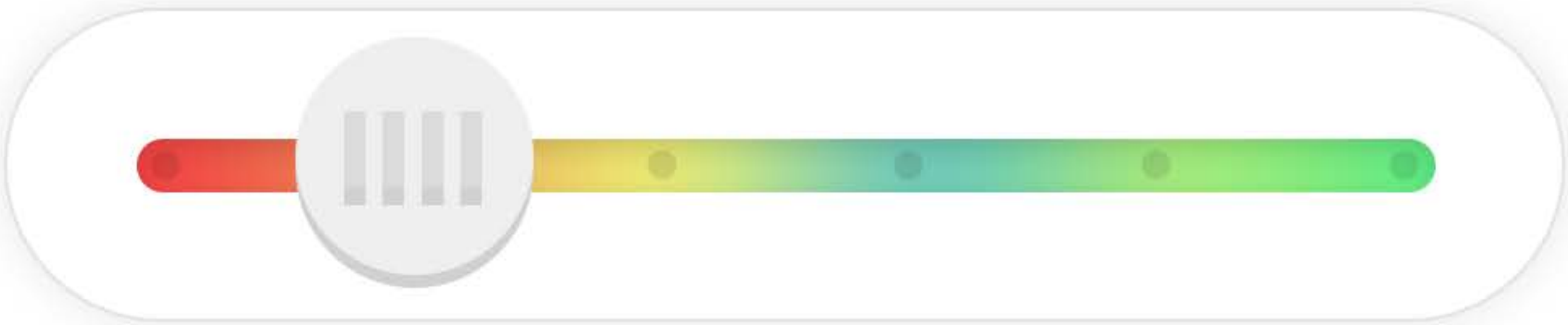
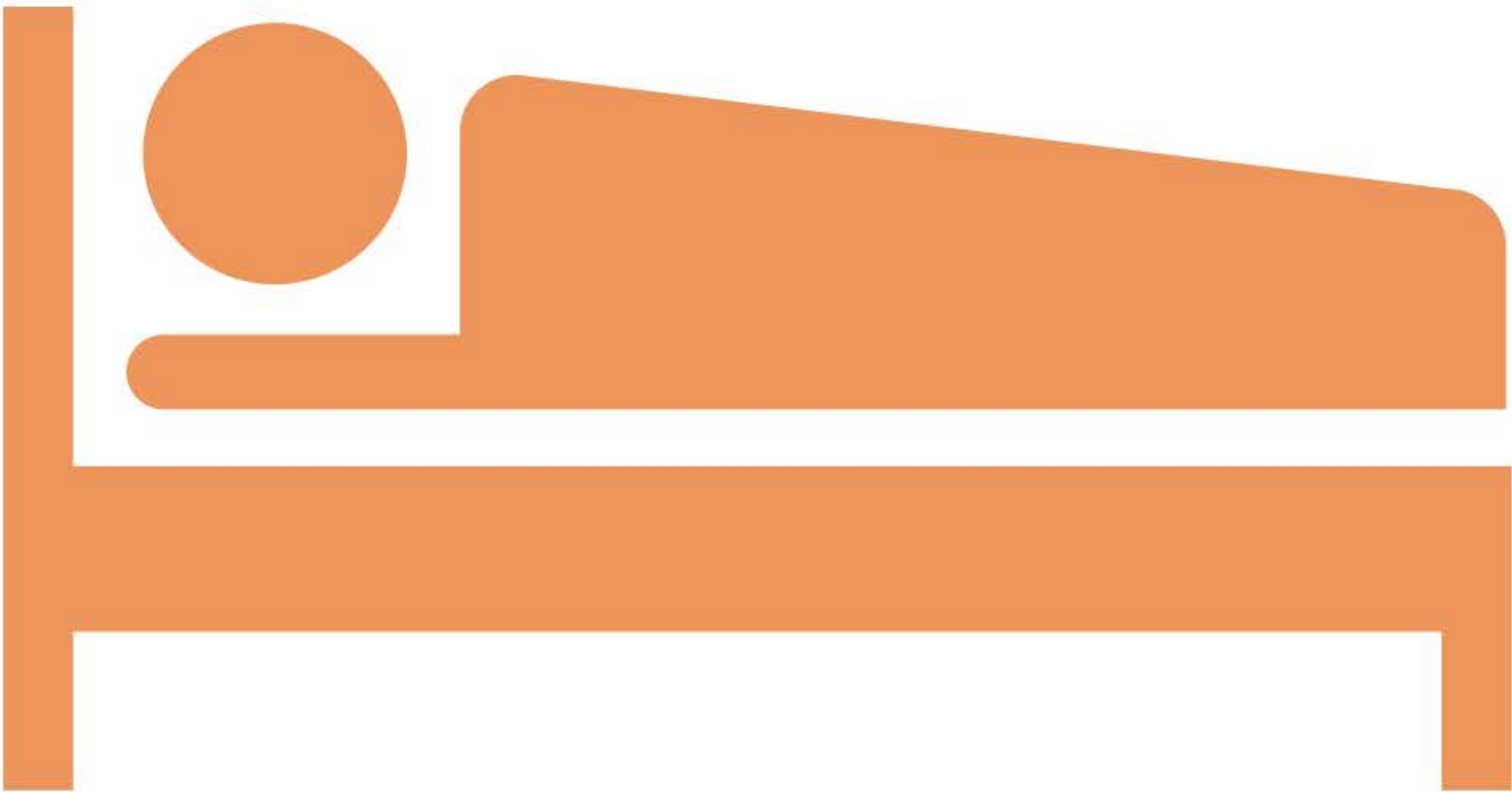


How well did you sleep last night?

You can update your Check-In at any time during the day.

SKIP

Slept very poorly.
Had an awful night.



FINISHED

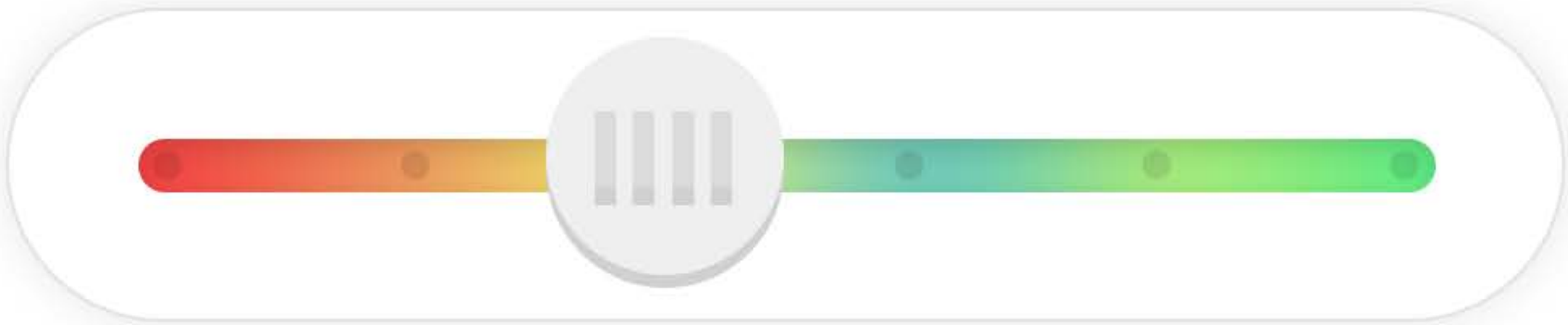
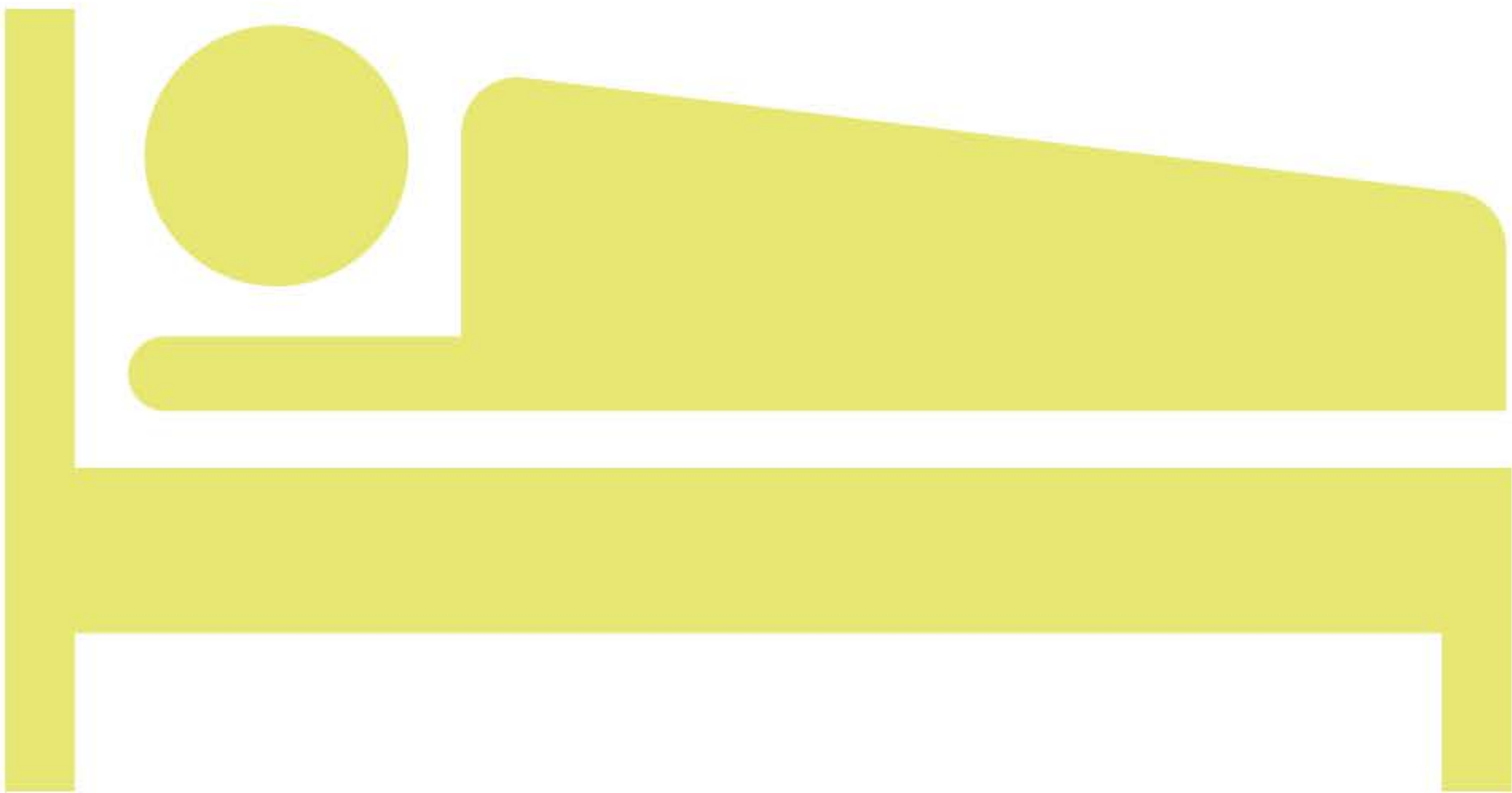


How well did you sleep last night?

You can update your Check-In at any time during the day.

SKIP

Adequate quality sleep,
but feeling groggy.



FINISHED

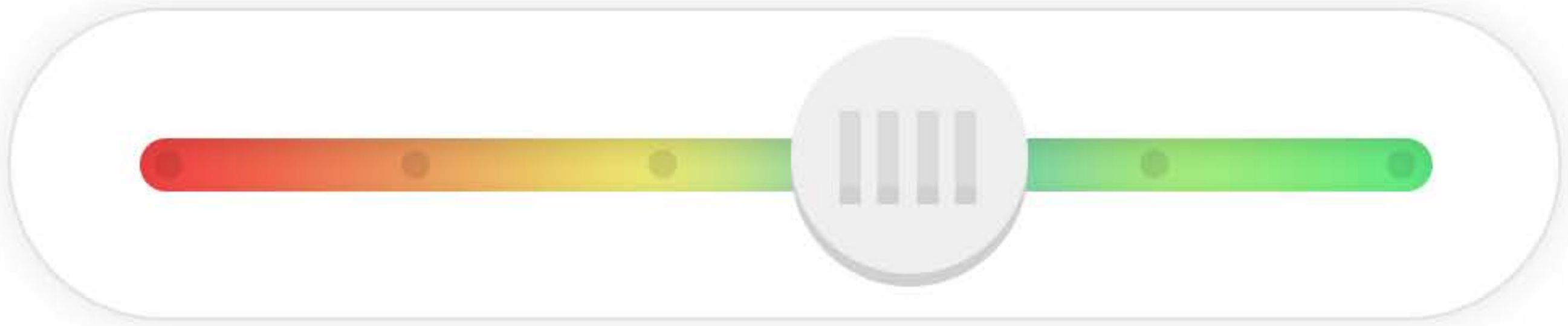
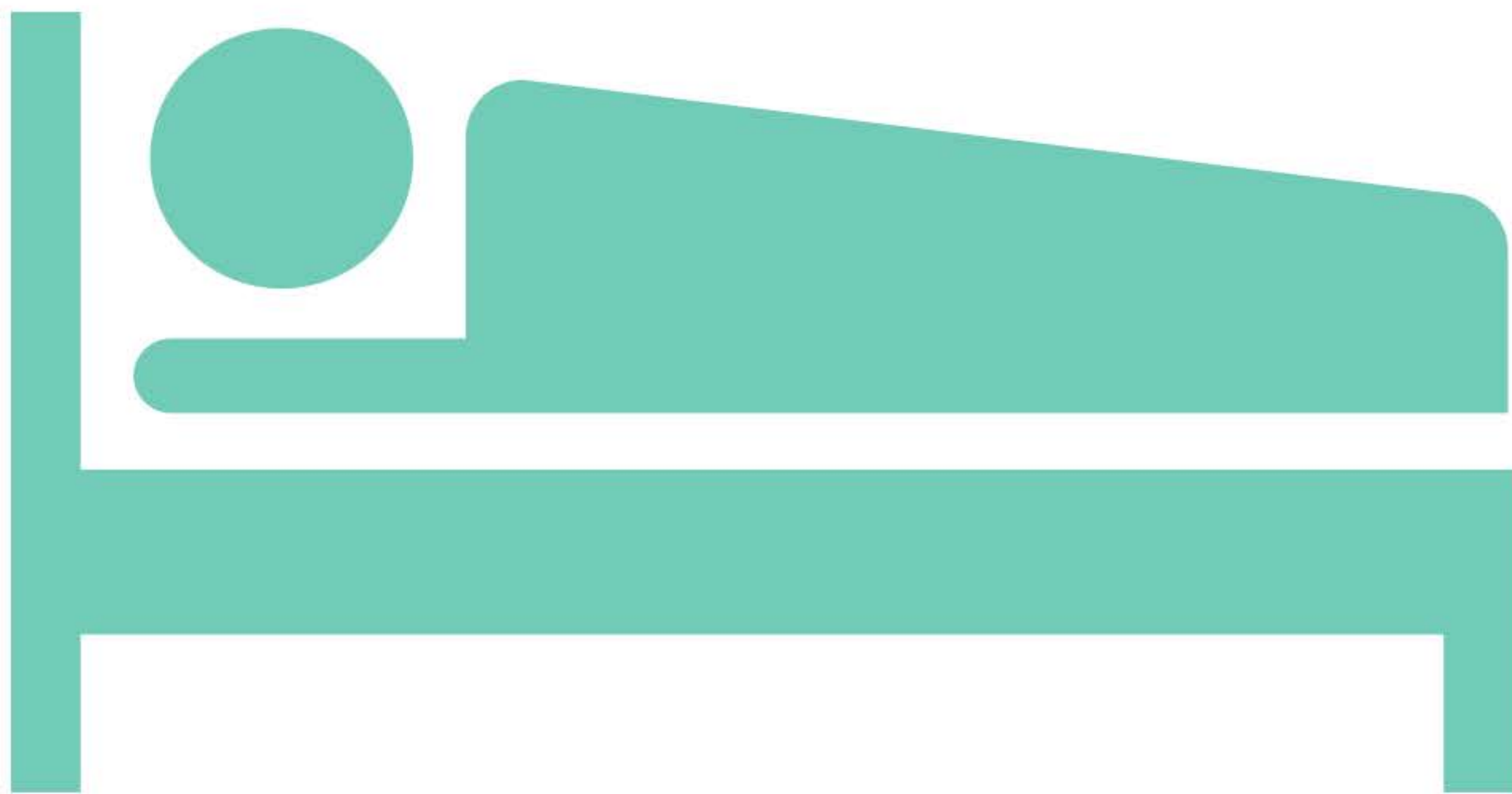


How well did you sleep last night?

You can update your Check-In at any time during the day.

SKIP

Slept reasonably well.
Feeling relaxed.



FINISHED

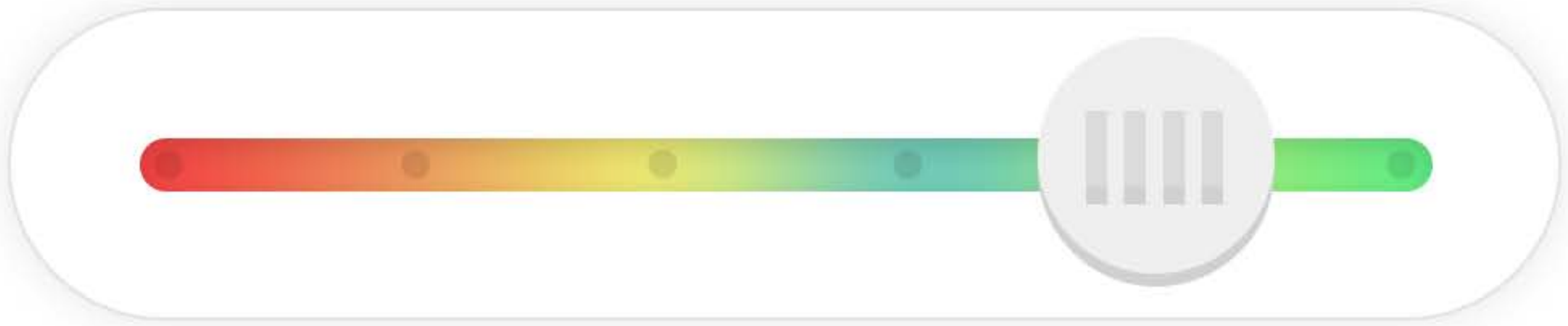
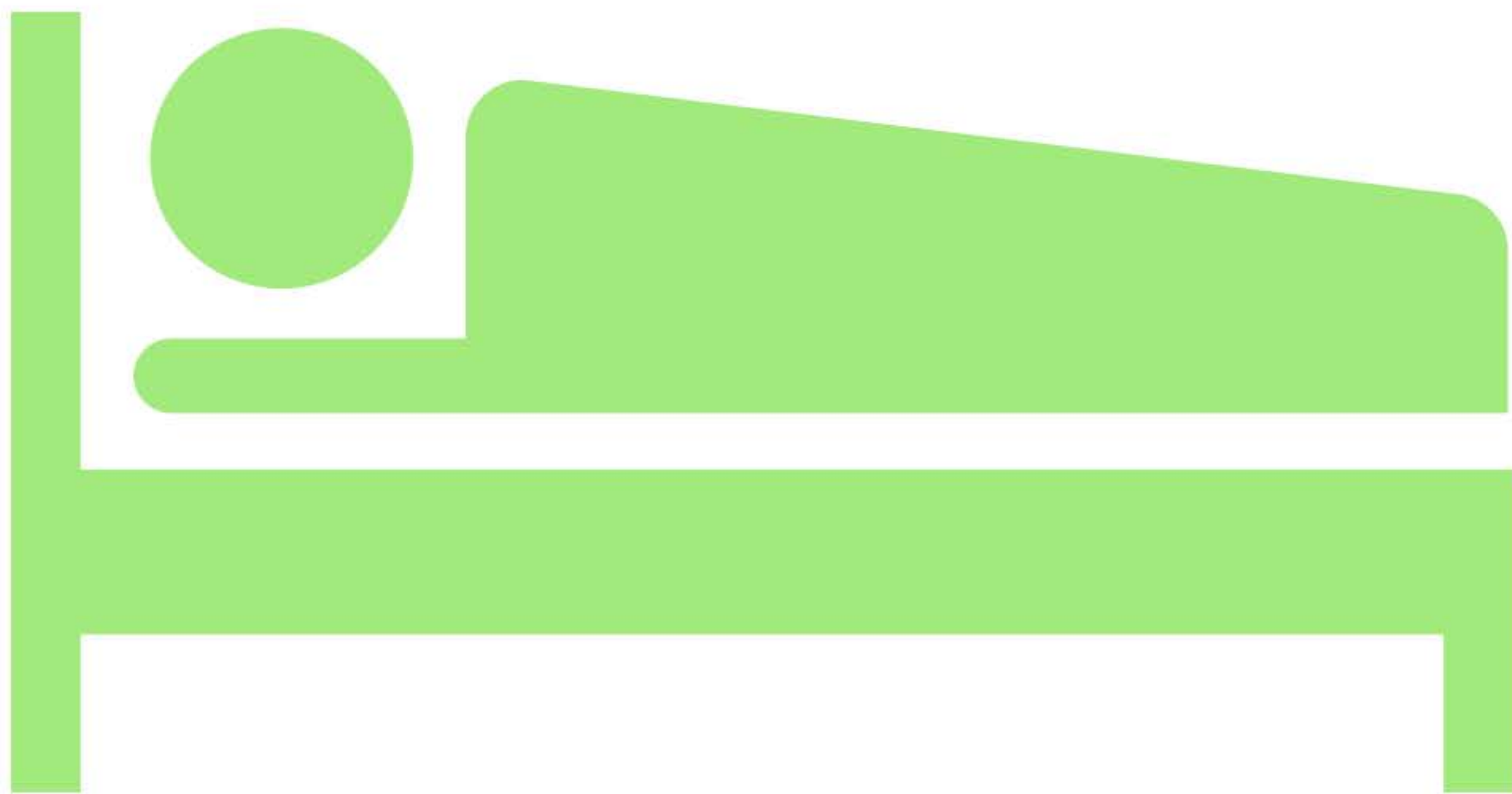


How well did you sleep last night?

You can update your Check-In at any time during the day.

SKIP

Slept pretty well.
Feeling refreshed.



FINISHED

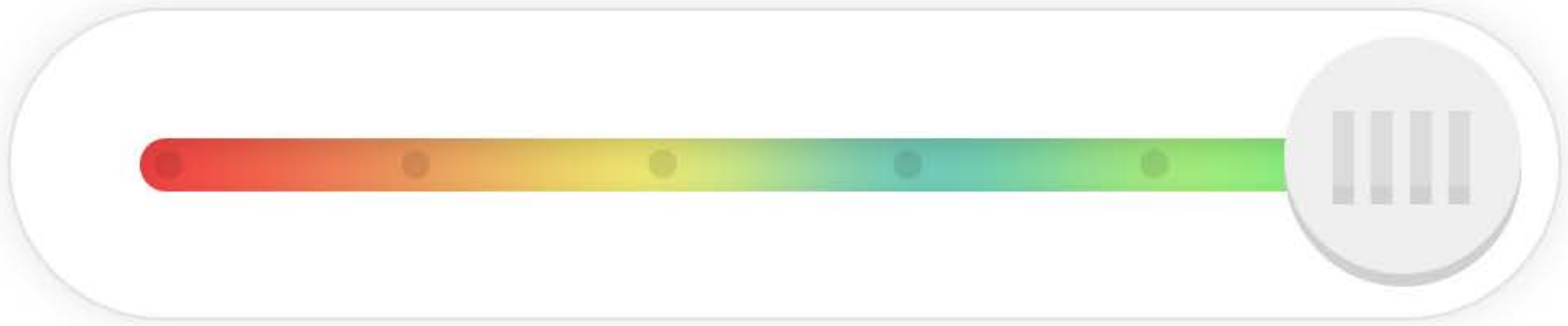
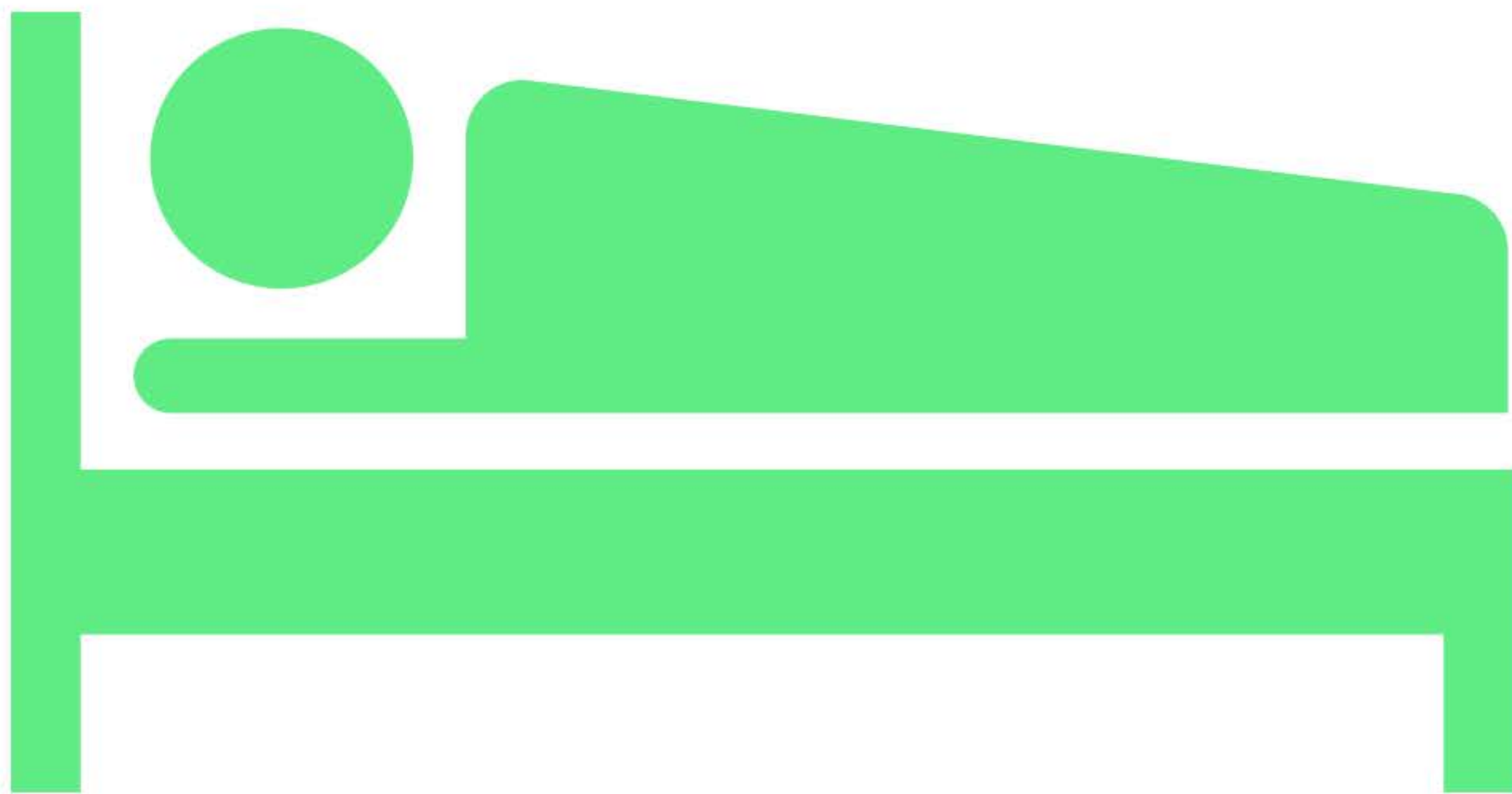


How well did you sleep last night?

You can update your Check-In at any time during the day.

SKIP

Had a great night's sleep.



Clinical COPD Questionnaire (CCQ)

Questionnaire Progress



10%

2 On average, during the past 7 days,
how often did you feel:

Short of breath doing physical activities?

many times



CCQ © 2003 van der Molen et al., with all rights reserved.

LEAVE CCQ

NEXT

Clinical COPD Questionnaire (CCQ)

Questionnaire Progress



2 On average, during the past 7 days, how often did you feel:

Are you sure you want to cancel and leave the CCQ?

Your answers will not be saved if you leave.

BACK TO QUESTIONNAIRE	✓
LEAVE CCQ	✗



CCQ © 2003 van der Molen et al., with all rights reserved.

LEAVE CCQ

NEXT

Clinical COPD Questionnaire (CCQ)

Summary

Here is a summary of your answers.
Tap on any question to change your answer.

On average, during the past 7 days, how often did you feel:

1 Short of breath at rest?

Your Answer: **many times**

2 Short of breath doing physical activities?

Your Answer: **many times**

3 Concerned about getting a cold or your breathing getting worse?

Your Answer: **many times**

LEAVE CCQ

SAVE

Clinical COPD Questionnaire (CCQ)

breathing problems?

Your Answer: **many times**

Van der Molen T, Willemse BW, Schokker S, Ten Hacken NH, Postma DS, Juniper EF. Development, validity and responsiveness of the Clinical COPD Questionnaire.

Health Qual Life Outcomes, 2003 Apr 28;1(1):13.

CCQ © 2003 van der Molen et al., with all rights reserved.

The authorization to use the questionnaire is restricted to this project. The inclusion of the instrument in this program does not imply permission for any other uses. It is the users' responsibility to contact MAPI Research Trust to find out if there are any restrictions or fees applicable on the use of the questionnaire. Please check with MAPI Research Trust for the conditions of use of the questionnaire for all other projects using the questionnaire www.mapi-trust.org. The questionnaire can be obtained for clinical use through www.ccq.nl.

Questionnaire contact information and permission to use: MAPI Research Trust, Lyon, France.

E-mail: PROinformation@mapi-trust.org

Internet: www.mapi-trust.org. The questionnaire can be obtained for clinical use through www.ccq.nl.

LEAVE CCQ

SAVE

Rescue Medication Reminder

How many times did you use rescue medication today?

SKIP

Move the slider up or down to select your response. Your rescue medication numbers will appear in Snapshots.

I didn't use rescue medication today.

Awesome! 😊

Consult your physician for more information about your rescue medication.

FINISHED



Rescue Medication Reminder

How many times did you use rescue medication today?

SKIP

I used rescue medication

3

times today.



Consult your physician for more information about your rescue medication.

FINISHED

